

## **COVID-19 Testing: Teaneck**

On Monday, May 11, 2020, a local COVID-19 testing site, operated by Sunrise Diagnostic Laboratory, will be open to Teaneck residents showing symptoms of the virus. The site is located in the North Parking Lot of Fairleigh Dickinson University, 1000 River Road, Teaneck, NJ. Sunrise Diagnostic will offer nasal and oral swab testing in a drive up setting. Sunrise Diagnostic Laboratories, a private testing laboratory, will process all specimens.

Operating hours for the testing facility are 9:00 AM - 5:00 PM Monday through Saturday. Testing will be offered by appointment only and you must drive to the FDU north parking lot by using the service road that parallels the river. You can access the service road by taking River Road to Northumberland Road.

**To schedule your screening, a physician referral is required.**

**Please call 1-862-257-0718, email [covid19testing@sunrisegoc.com](mailto:covid19testing@sunrisegoc.com), or go to <https://sunrisediagnosticlab.com/> to schedule your appointment.**

COVID-19 testing is covered by all major insurances, including Medicaid and Medicare with no out of pocket costs. Residents who do not have health insurance may be eligible for assistance in paying for testing and should contact the Township's Health Department for more information.

This is a major step in in our continuing efforts to keep the Teaneck community safe during this pandemic.

# Frequently Asked Questions ABOUT THE COVID-19 TEST

Sunrise Diagnostic Laboratory COVID-19 testing sites require an appointment and a referral from a healthcare provider or the local health department. If you have COVID-19 symptoms and are concerned about your health, here are the steps you should take:

- 1. Determine if you need testing:** Take an online screening, call your primary care provider or an urgent care center, or contact your state or local health department to evaluate your symptoms and risk.
- 2. Make an appointment:** Please contact Sunrise Diagnostic Laboratory's COVID-19 Hotline via e-mail [Covid19testing@sunrisegoc.com](mailto:Covid19testing@sunrisegoc.com) or telephone #1-862-257-0718. Provide first and last name, date of birth, preferred location and confirm that you have a referral by a physician. In case you call the hotline and you are directed to voicemail leave a message with the above mentioned information and a Sunrise team member will contact you to set up your appointment.
- 3. Prepare for your test:** Bring your physician's order and a valid photo ID. If you have any questions or concerns about the test send an email to [Covid19testing@sunrisegoc.com](mailto:Covid19testing@sunrisegoc.com). Depending on the testing site, you may be asked to:  
Refrain from taking any fever-reducing medications before testing  
Refrain from eating before testing  
Limit the number of people inside the vehicle with you (if it is a drive-through location)  
Bring a pen with you
- 4. What is this test called and how is it administered:** ViroKey SARS-CoV-2 RT-PCR Test is intended for a qualitative detection of nucleic acid from SARS-CoV-2 in nasopharyngeal and oropharyngeal swabs from individuals. Results are for the identification of SARS-CoV2 RNA. In simple term it is a molecular tests that test genes to determine if you have a viral infection, a specimen is collected via nasal or oral swabs.
- 5. Head to your testing location and follow the instructions:** Drive to your testing site and follow the lane directions to wait for your turn. Stay inside your vehicle and keep your car windows up unless otherwise instructed. You may be asked to fill out a form while you wait. When it's your turn, a medical worker will approach your car and take your sample through the open car window. If it is a walk-through site please follow direction by the personnel on-site.
- 6. Where do you get your results:** The test results will be submitted to your physician who provided with the prescription. As you wait for your results, self-isolate at home until you are determined negative or positive but not contagious according to CDC guide-lines.
- 7. Who should get tested for Covid-19? What are the testing criteria? Your physician will determine if you should get tested, those considered high risk should be tested includes people who:**

- ✓ are 65 years or older
- ✓ have severe symptoms
- ✓ are immunocompromised
- ✓ have underlying medical conditions
- ✓ are healthcare workers

If you have COVID-19 symptoms but don't need immediate care, follow the appropriate steps to self-isolate and wait for your symptoms to pass. You may take an online screening, call your primary care provider or an urgent care center, or contact your local health department to discuss your symptoms and when it's appropriate to take the next steps.

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