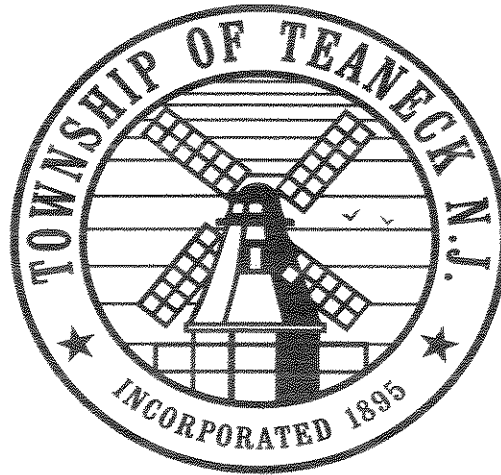


# TEANECK TIMES

January 2018 — January 2019

[www.teanecknj.gov](http://www.teanecknj.gov)



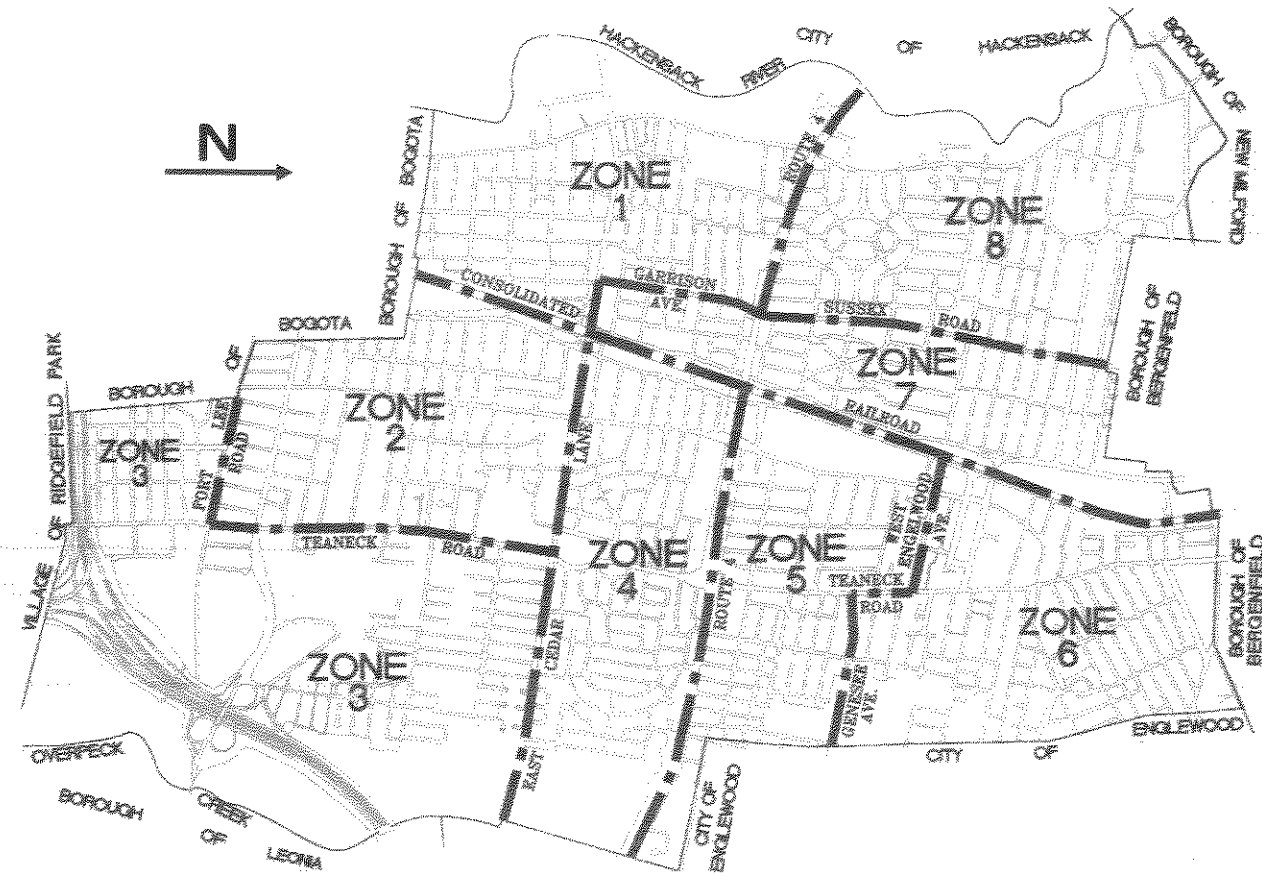
Sign up for  
SwiftReach,  
Nixle, and other  
emergency alerts!  
*See page 6*

## INFORMATION GUIDE & RECYCLING CALENDAR

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# RECYCLING / GARDEN DEBRIS ZONE MAP



## PICK-UP ZONES (Refer to monthly calendar for scheduled pick-up days)

Servicing the Township in eight (8) zones. They are as follows:

<b>Zone 1</b> — South of Route 4, West of Garrison Avenue, South of Cedar Lane, West of the Railroad.	<b>Zone 5</b> — East of the Railroad, North of Route 4 to West Englewood Avenue/Genesee Avenue to Englewood border.
<b>Zone 2</b> — South of Cedar Lane to Fort Lee Road, West of Teaneck Road to Bogota border/Railroad.	<b>Zone 6</b> — East of the Railroad to Englewood border, North of West Englewood Avenue/ Genesee Avenue to Bergenfield border.
<b>Zone 3</b> — South of East Cedar Lane, East of Teaneck Road, South of Fort Lee Road to Ridgfield Park and Bogota borders.	<b>Zone 7</b> — West of the Railroad, East of Sussex Road/ Garrison Avenue to Cedar Lane/Bergenfield border.
<b>Zone 4</b> — East of the Railroad, between Route 4 and Cedar Lane/ East Cedar Lane.	<b>Zone 8</b> — North of Route 4 to Bergenfield/ New Milford borders, West of Sussex Road to Hackensack border.

During emergencies or inclement weather, refer to the Township's website ([www.teanecknj.gov](http://www.teanecknj.gov)), social media networks ([facebook.com/teanecknjgov](https://www.facebook.com/teanecknjgov) or [twitter.com/teanecknjgov](https://twitter.com/teanecknjgov)) and/or the Recycling Hotline (201) 837-1600 ext. 1946 for information!  
Stay informed with SwiftReach and Nixle emergency alerts.  
You can sign up through the Township website ([www.teanecknj.gov](http://www.teanecknj.gov)) or Nixle.com.

## RECYCLING / GARDEN DEBRIS RULES & REGULATIONS



### RECYCLING DEPOT HOURS

(Residents Only)

FRIDAY THROUGH SUNDAY: 7 a.m. to 2:45 p.m.  
Closed Monday through Thursday and Municipal Holidays

DPW ADDRESS: 1600 River Road Teaneck, NJ  
DPW HOURS: 7 a.m. to 3 p.m. Monday through Friday

Recyclables should be placed curbside no earlier than 6 p.m. on the evening before your scheduled collection day and no later than 7 a.m. on the day of collection. Listed below are the only accepted items (**NO PLASTIC BAGS PERMITTED**):

### RECYCLING CONTAINER(S)

\*Please rinse/clean all residue from container(s)\*

#### PLEASE USE YELLOW TOWNSHIP-ISSUED CANS FOR:

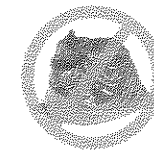
##### Commingled Recyclables:

Aluminum food and beverage containers:  
Aluminum soda, beer cans, and pet food cans, etc.

Glass food and beverage containers:  
Flint (clear) Amber (brown) Green

Ferrous cans:  
Tin/Steel (soup, food, coffee cans, etc.)

Plastic containers with # 1, 2, 5 may include:  
Soda and beverage bottles of various colors, milk and water jugs, detergent bottles, shampoo bottles, bleach bottles, ketchup bottles, syrup bottles, and yogurt containers, etc.



#### PLEASE USE BLUE TOWNSHIP-ISSUED CANS FOR:

##### Paper:

Newspaper  
Magazines  
Catalogs  
Junk Mail  
Paper Bags  
Cardboard  
Paperback and Telephone Books  
Egg Cartons (cardboard only)  
Anything else made of paper



The following restrictions and criteria apply to other recycling containers used by residents for commingled recyclable material and garden debris pick-up:

- 1) Containers must be no larger than 32 gallons in size.
- 2) Containers must not have wide bottoms with narrow tops (i.e. pickle barrels).
- 3) Containers must have handles.
- 4) Containers must be made of either plastic or lightweight metal, not cardboard.
- 5) Filled containers must not exceed 50 lbs.
- 6) NEWSPAPERS/MIXED PAPER for curbside collection must be tied into bundles, not more than 12" high and secured with string, twine or cord.
- 7) Corrugated cardboard must be flattened and tied for curbside collection.

### Batteries:

The Recycling Depot accepts vehicle batteries only. This material is not picked up curbside. For all other types of battery disposal, please refer to [www.bcu.org](http://www.bcu.org).

### White Goods /Appliance Pick Up:

Public Works offers free "white goods" pick up curbside by appointment. White goods are items such as washing machines, dryers, refrigerators, freezers, hot water heaters, air conditioners, and other appliances. To make an appointment, please call (201) 837-1600 ext. 1707 (fees may apply).

### Electronics:

Computers, laptops, servers, monitors, tv's, cell phones, telecom equipment, UPS battery back up unit batteries, laptop batteries, printers, scanners, fax machines, keyboards, mice, cable, wires, hard drives, audio equipment, microwave ovens are accepted at the Recycling Depot. Items such as TVs or radios in large wooden cabinets are not accepted.

### Used Motor Oil:

Residents are permitted to bring used motor oil to the recycling depot during normal hours of operation. The used oil cannot be mixed with any other fluid such as antifreeze.



## 2018 RECYCLING PROGRAM UPDATE

The Township will be charging a fee of \$20.00 for the collection of the following items: Refrigerators, Freezers, Air Conditioners, Dehumidifiers, Water Coolers, etc. The fee of \$20.00 per unit is to cover the cost of the removal of Freon. The fee can be paid by check or money order made out to the "Township of Teaneck"; **no cash will be accepted.**

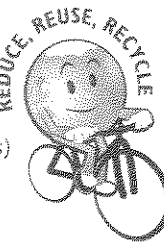
The following metals will be accepted at the Recycling Depot during the hours of operation:

### Material Accepted

Mixed gauge steel of any dimension  
All grades of Metallic Iron & Steel  
Cast Iron  
Aluminum  
Siding, Window frames (no glass), wheels (no tires)  
Copper  
Brass  
Aluminum Copper Radiators (automobiles)  
Electric Motors in any form free of hazardous fluid

### Material NOT accepted

Wood, Dirt, Rubber, Tires, furniture of any kind  
Gas tanks  
Antifreeze, Paint  
Compressed Gas, Propane tanks  
**NO CLOSED CYLINDERS OF ANY KIND**  
Pesticides, Fluorescent lights, Mercury switches

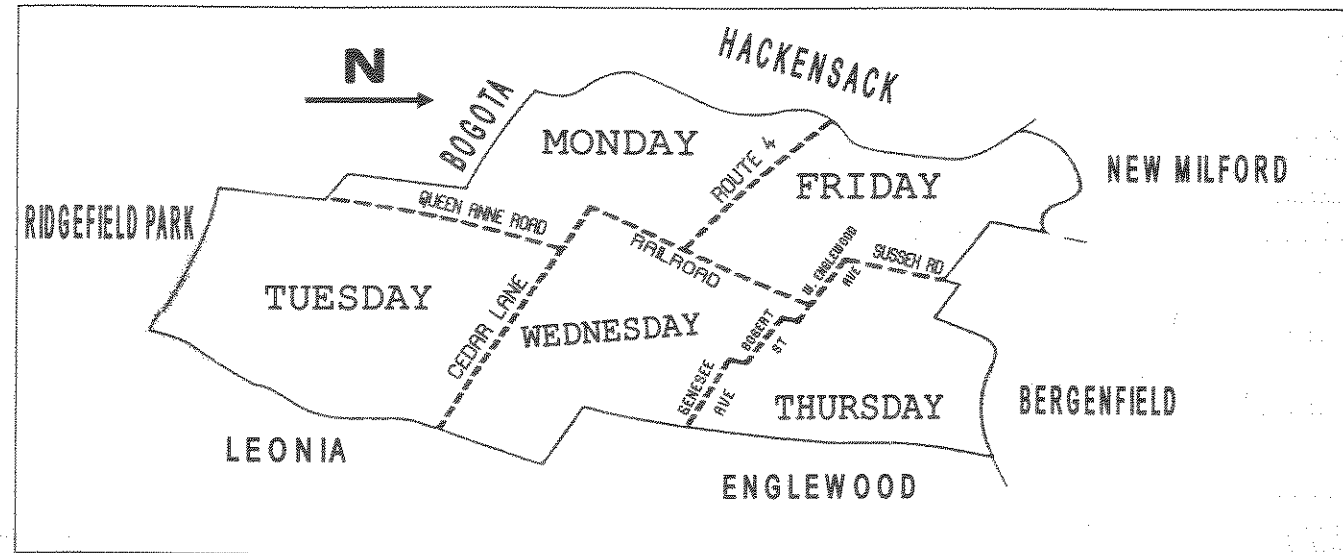


## STREET LIGHT OUTAGES

Residents can report street light outages by calling PSE&G at 800-436-7734 or by visiting their website at [www.PSEG.com](http://www.PSEG.com). Alternatively, you can submit a service request at [www.teanecknj.gov](http://www.teanecknj.gov) or call the Teaneck Police Department at (201) 837-2600. When calling, please have location and pole number available.



# STREET SWEEPING MAP / SCHEDULE



## STREET SWEEPING

In order to maintain the cleanliness of Township streets, residential streets are swept once per week; business district streets are swept five days per week. The street sweeping schedule is interrupted only by the mammoth task of leaf collection between October and December. During leaf pick-up season residential streets are swept on a schedule dictated by leaf accumulation.

The effectiveness of our street sweeping program depends solely upon the cooperation of residents. Street sweepers cannot get curbside when cars are parked on the street on a sweeping day. To do your part, please ensure your vehicle(s) are off the street on your respective street sweeping day, in accordance with the following schedule:

<b>Monday</b>	South of Route 4 and west of the railroad south of Cedar Lane and west of Queen Anne Road.
<b>Tuesday</b>	East of Queen Anne Road and south of Cedar Lane.
<b>Wednesday</b>	East of the railroad, north of Cedar Lane to Genesee Avenue/ Bogert Street/ West Englewood Avenue.
<b>Thursday</b>	North of Genesee Avenue/ Bogert Street/ West Englewood Avenue to the Bergenfield line, and east of Sussex Road to the Englewood line.
<b>Friday</b>	North of Route 4 and west of the railroad, south of West Englewood Avenue and west of Sussex Road to the Bergenfield and New Milford borders and to the Hackensack River.
<b>NOTE:</b>	Boundary lines between districts run down the center of the street.

## SNOW EMERGENCY—NO PARKING

Parking of any vehicle on any portion of a public street is prohibited whenever snow is falling and the accumulation is such that it covers the public streets in the township and plowing is required, except where designated. The term "snow" includes sleet, hail and/or ice.

- ◆ Before storms begin, the main streets will be pre-treated with an environmentally safe solution that reduces the temperature at which snow freezes.
- ◆ During storms, snow plows will concentrate on keeping two lanes clear on every street.
- ◆ After storms, plows will return to widen the streets curb line to curb line.

**PLEASE** wait to do your final clean-up after the streets are cleared, which is typically six (6) to eight (8) hours after the storm is over.

For additional off-street parking, residents are encouraged to use any of the municipal parking lots. Beginning six hours before snow fall is predicted to start and until 24 hours after snow fall has stopped, all hourly limits and meter fees in Township lots are waived. Please refer to the Township's website for the list of municipal parking lots and authorized parking areas.

During winter months, snow and ice must be removed from public sidewalks after cessation of a storm. Commercial property owners or tenants have 12 hours to clear sidewalks; residential owners have 24 hours. Additionally, people who own properties at corners and at mid-block crosswalks must shovel a pathway from their shoveled sidewalk to the plowed portion of the street so that pedestrians can cross safely. Snow emergencies will be announced via Nixle & SwiftReach text message alerts. (See Page 6 for information on how to sign up.)



## STORMWATER REGULATIONS

*A Guide to Healthy Habits for Cleaner Water*



Stormwater pollution is one of New Jersey's greatest threats to clean and plentiful water. Pollution on streets, parking lots and lawns is washed by rain into storm drains, then directly to our drinking water supplies, as well as the ocean and lakes. Fertilizer, oil, pesticides, detergents, pet waste, grass clippings and more all end up in our water!

By making small, easy changes in our daily lives, we can keep common pollutants out of stormwater. This will produce cleaner water and save the high cost of cleaning up once water becomes dirty.

As part of New Jersey's initiative to keep our water clean and plentiful and to meet federal requirements, many municipalities and other public agencies, including colleges and military bases, must adopt ordinances prohibiting various activities that contribute to stormwater pollution. Breaking these rules can result in fines and other penalties.

*As a resident or business owner, it is important to know easy things you can do every day to help protect our water:*

### Limit your use of fertilizers and pesticides:

- ◆ Perform a soil test to see if you need a fertilizer
- ◆ Do not apply fertilizers if heavy rain is predicted
- ◆ Research alternatives for pesticides
- ◆ Maintain a small lawn and keep the rest of your property or yard in a natural state with trees and other native vegetation that requires little or no fertilizer
- ◆ If you use fertilizers and pesticides, follow the instructions on the label on how to correctly apply it. Make sure you properly store or discard any unused portions.

### Proper use and disposal of hazardous products:

- ◆ Hazardous products include some household or commercial cleaning products, lawn and garden care products, motor oil, antifreeze & paints
- ◆ Do not pour any hazardous products down a storm drain; storm drains are usually connected to local bodies of water and the water is not treated
- ◆ If you have hazardous products in your home or workplace, make sure you store or dispose of them properly. Read the label for guidance.
- ◆ Use natural or less toxic alternatives when possible.
- ◆ Recycle used motor oil
- ◆ In the event of a hazardous material spill, contact the Teaneck Fire Department at (201) 837-7783.

### Keep pollution out of storm drains:

- ◆ Municipalities and many other public agencies are required to mark certain storm drain inlets with messages reminding people that storm drains are connected to bodies of local water
- ◆ Do not let sewage or other waste flow into a stormwater system

### Do not feed wild life:

- ◆ Do not feed pigeons, ducks, and geese in public areas

### Do not litter:

- ◆ Place litter in trash receptacles
- ◆ Recycle. Recycle. Recycle.
- ◆ Participate in community clean-ups

### Dispose of yard waste properly:

- ◆ Follow the Township's yard waste rules; keep leaves and grass out of storm drains
- ◆ Use leaves and grass clippings as a resource for compost
- ◆ Use a mulching mower that recycles grass clippings into the lawn

### Clean up after your pets:

- ◆ Use newspaper, bags or pooper-scoopers to pick up waste.
- ◆ Dispose of wrapped pet waste in the trash; Never discard pet waste in a storm drain

## CONTACT INFORMATION

For more information on storm water related topics, visit [www.njstormwater.org](http://www.njstormwater.org) or contact the NJ Department of Environmental Protection, Municipal Storm Water Regulation Program at (609) 633-7021. Additional information is also available at the US Environmental Protection Agency websites:

[www.epa.gov/npdes/npdes-stormwater-program](http://www.epa.gov/npdes/npdes-stormwater-program)

[www.epa.gov/nps](http://www.epa.gov/nps)

## GARDEN DEBRIS

Garden debris is collected curbside on a weekly basis starting March 26<sup>th</sup> through October 4<sup>th</sup> (please refer to the calendar). Grass, leaves and small plant material must be placed in either non-disposable containers or biodegradable paper bags, weighing no more than 50 pounds each. Branches and shrubs must be cut into lengths no greater than four feet and tied into bundles weighing less than 50 pounds each. Landscapers and lawn services must comply with these requirements. Material that is not properly contained will not be picked up. Garden debris brought to the Depot does not need to be containerized or tied, but must not be in plastic bags.



## STORM DAMAGE DEBRIS

If tree parts fall during a storm, you must comply with the garden debris rules and regulations unless otherwise announced by the Township.



## LEAF SEASON

Leaf removal in the autumn is a monumental project that strains the resources of the DPW. During the period of leaf drop from about October to mid-December (see your recycling calendar for specific information) residents are permitted to rake leaves, loose grass, and small plants into the roadway at curbside.

The DPW collects leaves daily during this period, but the volume is so great and the weather is so unpredictable, that the leaf pickup cannot be scheduled. Be careful to only place leaves, grass cuttings, and small plant material in the leaf piles in the street. Do not place logs, branches, stones, or large plant material in the street during the leaf collection period, as they are not suitable for composting and could damage the street cleaning equipment.

## BERGEN COUNTY UTILITIES AUTHORITY

Hotline: 201-807-5825

Website: [www.BCUA.org](http://www.BCUA.org)

### 2018 COMPUTER/ELECTRONICS RECYCLING, TIRE RECYCLING, AND PAPER SHREDDING EVENTS

#### Bergen County Campgaw Mountain Reservation

200 Campgaw Road, Mahwah

Saturday, June 9<sup>th</sup>

Sunday, October 21<sup>st</sup>

#### Bergen Community College

400 Paramus Road, Paramus

Sunday, April 29<sup>th</sup>

Saturday, August 18<sup>th</sup>

Collection Hours: 9:00 a.m. to 2:00 p.m.

(Rain or Shine)

### 2018 HOUSEHOLD HAZARDOUS WASTE COLLECTION PROGRAM

#### Bergen Community College

400 Paramus Road, Paramus

Sunday, April 15<sup>th</sup>

Sunday, June 24<sup>th</sup>

Sunday, October 14<sup>th</sup>

#### Bergen County Utilities Authority

Foot of Empire Blvd., Moonachie

Saturday, March 10<sup>th</sup>

Saturday, November 17<sup>th</sup>

#### Bergen County Campgaw Mountain Reservation

200 Campgaw Road, Mahwah

Saturday, May 12<sup>th</sup>

Saturday, July 21<sup>st</sup>

Saturday, September 8<sup>th</sup>

Collection Hours: 9:00 a.m. to 3:00 p.m.

(Rain or Shine)

### EMERGENCY PREPAREDNESS SEMINARS

The Community Policing Bureau will offer an Emergency Preparedness Seminar to any organization located in Teaneck (religious, civic, sports, etc.) upon request. The contact phone number for the Community Policing Bureau is (201) 837-8759 or email: [communitypolice@teaneckpolice.org](mailto:communitypolice@teaneckpolice.org).

### CONFIDENTIAL PAPER SHREDDING DATES

The Township of Teaneck provides a semi-annual Confidential Paper Shredding service. Residents may bring their confidential documents to be shredded via a mobile shredding machine that will be parked in the Municipal Building Complex Parking Lot.

The 2018 dates are:

**Spring:** Saturday, April 14<sup>th</sup> 9 a.m. - 1 p.m.  
Sunday, April 15<sup>th</sup> 9 a.m. - 1 p.m.

**Fall:** Saturday, October 20<sup>th</sup> 9 a.m. - 1 p.m.  
Sunday, October 21<sup>st</sup> 9 a.m. - 1 p.m.

### SIGN UP FOR EMERGENCY ALERTS

Residents can sign up to receive several different e-mail, text and/or telephone alerts about township events or emergencies and severe weather incidents.

To begin the sign-up process, go to the Township website at <https://www.teanecknj.gov>, click on "Sign up for Township Alerts" on the left-hand side menu of the home page. You will be taken to a page with several alert options to sign up for. Select "Township Email Alerts;" to sign up to receive emails sent by Teaneck Township. Fill out the form and click "Sign Up For Township Newsletters" in the lower left corner.

Also on the township alert sign up page, there is a "Swiftreach 9-1-1" link where you can sign up for the Swiftreach Emergency Notifications by phone, email, and text message. Click the "Register Now" link and complete the form at the Swiftreach sign up. After completing the form, you will receive a 4-digit Confirmation Code via email or phone message. Upon receiving the confirmation code, enter it into the "Registration Verification" box and click "Complete Registration". You are now registered with Swiftreach to receive alerts through your landline telephone, cellular phone, and via text message. Save your username and password to the Swiftreach portal as you may edit your vital information at any time by logging in to the system by visiting <http://portalv4.swiftreach.com/Portal.aspx?c=201683>.

Lastly, to sign up for "Nixle" text message alerts from the Teaneck Police Department, click on the **Nixle** link and you will go to a page with a sample of recently sent message samples. Click the "Sign Up!" button in the lower left corner of this window.



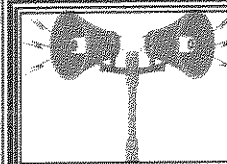
### TOWN-WIDE GARAGE SALES PLANNED FOR 2018

In 2017, the Township held three town-wide garage sales in the spring, summer, and fall months.

Each season's garage sale drew an average of 60 participants who were able to sell items in front of their residence and interact with neighbors and visitors. The Manager's Office, in collaboration with the Township Council, was able to register participants through our website that included an interactive map with pins showing each participant's address and goods being sold at each address.

#### 2018 DATES:

- ◆ **Saturday & Sunday, April 21 & April 22**  
\* Sign-up begins on Monday, April 2<sup>nd</sup>
- ◆ **Saturday & Sunday, July 21 & July 22**  
\* Sign-up begins on Monday, June 25<sup>th</sup>
- ◆ **Saturday & Sunday, October 20 & October 21**  
\* Sign-up begins on Monday, October 1<sup>st</sup>



### MASS NOTIFICATION SYSTEM

The Township is in the process of installing a Mass Notification System to Alert, Inform and Direct in times of emergencies. This consists of six locations with speakers mounted on tall poles to broadcast messages to residents during times of significant emergencies, such as tornado warnings, flooding, train derailments, etc. Residents will hear messages describing the type of emergency and instructions on what to do. They will be preceded by a siren sound prior to the message. If you are in a building and hear the siren, open a window or door to hear the voice message clearly.

### GOOD MORNING CHECKUP PROGRAM

Administered by the Teaneck Fire Department, this program is designed to assist elderly and shut-in residents. On a daily basis, the department contacts participants to determine their well-being. Please contact the Teaneck Fire Department at (201) 808-8080 to sign up.



### GOOD NEIGHBOR PROGRAM

The purpose of this program is to assist seniors or other physically-challenged persons in the event of an emergency due to the recent super-storms, power outages, and devastation that have hit our area. The Township is seeking individuals for this community-based program who would be interested in working and supplementing the Township's emergency response capacity as part of our new Community Emergency Response Team (CERT). The primary responsibility of these volunteers will be to contact (phone/visit) registered seniors and/or physically-challenged persons during a storm or emergency to ensure their well-being. If you are a senior or physically challenged person who lives alone and/or do not have family, friends or neighbors to assist you in the event of an emergency, this program could be beneficial to you. Volunteers, seniors, or the physically challenged interested in participating in this community-based program should contact the Township Human Resources Department at (201) 837-1600 ext. 1651 to register.

### KEEP TEANECK GREEN! Make the leap!

#### Bring Your Own Bag

Plastic bags do not biodegrade in landfills. Billions end up in our rivers and oceans, posing a danger to wildlife. You can help by BRINGING YOUR REUSABLE BAGS when you shop for groceries, etc. Just say, "I have my own bags". Keep a bunch in your car so you'll be prepared to help save our planet.



#### Refuse, Reuse, Recycle, Rot (in that order)

Refuse what you do not need (say no to that extra straw, bag, pen, etc.). Reuse what you can; recycle what you cannot, ROT (compost) the rest. Adjust, plan ahead, be part of the solution!



#### Don't Keep Your Motor Running

New Jersey idling law requires engines to be turned off if not moving for three minutes. This also applies to trucks and school buses.

#### Low Water Lawn Care

Use water wisely- 30% of water consumed goes to watering lawns. Water only when the soil is dry, at dawn or dusk. Mulch flower, vegetable, tree and shrub beds to help retain moisture.

#### Consider Composting & Leave the Leaves

Did you know that 25 to 35% of household trash can be composted? You can compost food scraps, weeds, paper products, coffee grinds and filters, cut grass, leaves, and more. 20% of landfill volume is compostable household waste.

#### Reduce Balloon Litter

Balloon pollution is a growing problem. Releasing balloons is simply littering. Mylar balloons (metallic) are even less friendly to the environment-they are made from metalized polyester, which is dirty in both production and disposal.

#### Avoid Plastic Water Bottles

Carry your reusable water bottle: Teaneck water fountains and drinking water are tested and are safe! Install a filter on your home tap and save money. Bring your reusable coffee cup. It is cheaper and saves paper, plastic, or Styrofoam cups (Styrofoam isn't biodegradable so try to avoid it).



### DAYLIGHT SAVING TIME DATES

Daylight Saving Time will begin on **Sunday, March 11, 2018** and end on **Sunday, November 4, 2018**. Remember that when Daylight Saving Time begins, you set your clock ahead an hour. When it ends, you set your clock back an hour.



## SPACE HEATER SAFETY

Forecasters predict a long, cold winter ahead, and the Teaneck Fire Department is concerned residents may supplement their central heating system with various types of space heaters. With that in mind, the Fire Department is providing the following information on space heaters and their use.

In a residential environment, space heaters (since they are portable) should be placed away from the edge of a bed or couch, and away from laundry or other household items that may fall on them. Space heaters need a minimum clearance of three feet of space around them, free from furniture, clothing, draperies, curtains, toys and other loose items of wood, plastic, cloth or paper. This clearance needs to be strictly maintained to ensure the safety of all occupants. Be aware that pets can also pose a danger by placing themselves or objects too close to heaters.

Electric heaters must only be plugged directly into a permanent wall outlet. Using an extension cord, even a "heavy duty appliance" extension cord, will drop the voltage and cause the electric heater to draw even more current, heating the plastic insulation which can cause the extension cord to erupt in flames. The outlet itself must be in good condition, tightly grasping the plug. If the cord is three-pronged, use only a three-pronged outlet. Adapters should not be used, as they can cause the same fires as extension cords.

If you use a kerosene heater, you are bringing a flammable liquid indoors. Kerosene heaters must be allowed to cool, then taken outdoors away from the house to be fueled. Never use gasoline or used motor oil to fuel a kerosene heater, and be sure to clean up any spills. The right grade of kerosene must be used to avoid an explosion/fire. Kerosene heaters also use up oxygen and emit carbon monoxide, so keep a window partly open when using one. Kerosene heaters are illegal in any rental housing, business, commercial or public building, according to the NJ Uniform Fire Code.

If you are contemplating a permanent additional heat source, such as a fireplace, wood stove, or coal stove, stop by the Building Department first. Permanent installations of fuel-burning appliances are strictly regulated by the NJ Uniform Construction Code. Building inspectors will carefully check that all clearance, venting and other safety requirements of the manufacturer's labeled installation instructions are completely followed.

Should you have any fire safety questions, contact the Teaneck Fire Department, Fire Prevention Bureau at 201-808-8080, x5202. For fixed heater code questions, the Teaneck Building Department can be reached at 201-837-1600, x1100.

## HEAT REGULATIONS

Landlords who provide heat should be aware that beginning the 1<sup>st</sup> of September until the 1<sup>st</sup> of June each year, they are required to maintain the following as per Township of Teaneck Ordinance 21-31 and 21-32:

*Heat must be furnished for every occupied room in your dwelling so that the minimum temperature is 70 degrees Fahrenheit between 6am and 11pm and a minimum temperature of 65 degrees Fahrenheit between 11pm and 6am or whenever the street temperature falls below 55 degrees Fahrenheit. You must also contact the Health Department whenever a breakdown occurs requiring a repair to the heating system.*

This is also a great time to install carbon monoxide detectors and smoke detectors. These devices can be purchased at any local hardware store or home supply center. If you have any questions, please contact the Teaneck Health Department at (201) 837-1600 ext. 1500 or [health@teanecknj.gov](mailto:health@teanecknj.gov).

## PROPER CHIMNEY CARE



Chimney fires can burn explosively – noisy and dramatic enough to be detected by neighbors or people passing by. Flames or dense smoke may shoot from the top of the chimney. Homeowners report being startled by a low rumbling sound that reminds them of a freight train or a low flying airplane. However, those are only the chimney fires you *know* about. Slow-burning chimney fires don't get enough air or have fuel to be dramatic or visible. But, the temperatures they reach are very high and can cause as much damage to the chimney structure – and nearby combustible parts of the house – as their more spectacular cousins.

### Creosote & Chimney Fires: What You Must Know

Fireplaces and wood stoves are designed to safely contain wood-fuel fires, while providing heat for a home. The chimneys that serve them have the job of expelling the by-products of combustion – the substances produced when wood burns. These include smoke, water vapor, gases, unburned wood particles, hydrocarbon, tar fog and assorted minerals. As these substances exit the fireplace or wood stove, and flow up into the relatively cooler chimney, condensation occurs. The resulting residue that sticks to the inner walls of the chimney is called creosote.

Creosote is black or brown in appearance. It can be crusty and flaky...tar-like, drippy and sticky...or shiny and hardened. Often, all forms will occur in one chimney system. Whatever form it takes, creosote is highly combustible. If it builds up in sufficient quantities – and the internal flue temperature is high enough – the result could be a chimney fire. Certain conditions encourage the buildup of creosote. Restricted air supply, unseasoned wood and, cooler than normal chimney temperatures are all factors that can accelerate the buildup of creosote on chimney flue walls. Air supply may be restricted by closing the glass doors, by failing to open the damper wide enough, and the lack of sufficient make-up air to move heated smoke up the chimney rapidly (the longer the smoke's "residence time" in the flue, the more likely is it that creosote will form). A wood stove's air supply can be limited by closing down the stove damper or air inlets too soon or too much. Burning unseasoned wood – because so much energy is used initially just to drive off the water trapped in the cells of the logs – keeps the resulting smoke cooler, than if seasoned wood is used. In the case of wood stoves, overloading the firebox with wood in an attempt to get a longer burn time also contributes to creosote buildup.

## POWER OUTAGE TIPS



### BEFORE AN OUTAGE

- ◆ Check flashlights and battery-powered portable radios to ensure that they are working and that you have extra batteries. A radio is an important source of weather and emergency information during a storm. Inexpensive weather radios that broadcast automatically in the event of an alert can be purchased at various retailers.
- ◆ Make sure that your home is properly insulated. Caulk and install weather-stripping on doors and windows to keep cold air out.
- ◆ Install storm windows or cover windows with plastic from the inside to provide insulation.
- ◆ To prevent pipes from freezing, wrap them in insulation or layers of newspaper covered with plastic to keep out moisture.
- ◆ Let faucets drip a little to prevent freezing.
- ◆ Know the location of your water shutoff valves.
- ◆ In the event that the water supply may be affected, fill your bathtub and spare containers with water. Water in the bathtub should be used for sanitation only—pouring a pail of water from the tub directly into the toilet bowl will flush the toilet.
- ◆ Set your refrigerator and freezer to their coldest settings. During an outage, do not open the fridge or freezer doors; food can stay cold in a full refrigerator or a half-full freezer for up to 24 hours. Full freezers can stay cold for up to 48 hours! Just remember to reset the fridge and freezer back to normal once power is restored.
- ◆ If you have medication that requires refrigeration, check with your pharmacist for guidance on proper storage during an extended outage.
- ◆ Review the process for manually bypassing an electric garage door opener.

### DURING AN OUTAGE

- ◆ Contact PSE&G (800-436-7734) or [www.PSEG.com](http://www.PSEG.com) to advise them of the outage in your area
- ◆ Dress for the season, wearing several layers of loose-fitting, lightweight, warm clothing rather than one heavy layer of clothing. Outer garments should be tightly woven and water-repellent.
- ◆ Mittens are better than gloves.
- ◆ Wear a hat: most body heat is lost through the top of the head.
- ◆ Cover your mouth with a scarf to protect your lungs.
- ◆ Watch for signs of frostbite: loss of feeling and white or pale appearance in extremities such as fingers, toes, ear lobes, or the tip of the nose. If you see signs of frostbite, seek medical help immediately.
- ◆ Watch for signs of hypothermia: uncontrollable shivering, memory loss, disorientation, incoherence, slurred speech, drowsiness and apparent exhaustion. If symptoms are detected, get the victim to a warm location, remove any wet clothing, and warm the center of the body first. If the victim is conscious, give warm, non-alcoholic beverages. Seek medical help as soon as possible.
- ◆ In order to protect against possible voltage irregularities that can occur when power is restored, unplug all sensitive electronic equipment, including TVs, VCRs, stereos, microwave ovens, cordless telephones, computers, answering machines and garage door openers.

### AFTER AN OUTAGE

- ◆ Be extra cautious if you go outside to inspect for damage after a storm. Downed or hanging electrical wires can be hidden by snowdrifts, trees, or debris and may be live. Never attempt to touch or move downed lines, and keep children and pets away from them.
- ◆ Check in with and help your neighbors, especially the elderly and physically challenged.
- ◆ Stay indoors until downed power lines are secured.
- ◆ Do not touch anything power lines are touching such as tree branches or fences. Always assume a downed line is a live line. Call your utility company to report any outage-related problem.

## DANGERS OF CARBON MONOXIDE

### UNDERSTANDING THE RISKS

#### What is carbon monoxide?

- ◆ Carbon monoxide, or CO, is an odorless, colorless, and toxic gas. Because it is impossible to see, taste, or smell, CO can kill even before you are aware it is in your home. At lower levels of exposure, CO causes mild effects that are often mistaken for flu symptoms, including headaches, dizziness, disorientation, nausea, and fatigue. The effects of CO exposure can vary greatly from person to person depending on age, overall health, and the concentration and length of exposure.

#### Where does carbon monoxide come from?

- ◆ CO gas can come from several sources, such as gas-fired appliances, charcoal grills, wood-burning furnaces or fireplaces, and motor vehicles.

#### Who is at risk?

- ◆ Everyone is at risk for CO poisoning, though medical experts believe that unborn babies, infants, children, senior citizens, and people with heart or lung problems are at the greatest risk.

## PROTECT YOURSELF & YOUR FAMILY FROM CO POISONING

- ◆ Install at least one carbon monoxide alarm with an audible warning signal near the sleeping areas and outside individual bedrooms. Choose an alarm that is listed by UL (Underwriters Laboratories). Carbon monoxide alarms measure levels of CO over time and are designed to sound an alarm before an average, healthy adult would experience symptoms. It is very possible that you may not be experiencing any symptoms when you hear the alarm, but that does not mean that CO is not present.
- ◆ Have a qualified professional check all fuel-burning appliances, furnaces, venting, and chimney systems at least once a year.
- ◆ Never use your range or oven to help heat your home.
- ◆ Never use a charcoal grill or hibachi inside your home or garage.
- ◆ Never use a generator inside or in close proximity to your home.
- ◆ Never keep a car running in a garage. Even if the garage doors are open, normal circulation will not provide enough fresh air to reliably prevent a dangerous buildup of CO.
- ◆ When purchasing an existing home, have a qualified technician evaluate the integrity of the heating and cooking systems, as well as the sealed spaces between the garage and house.
- ◆ Natural gas detectors are also available in case of a gas leak in your home. They can be purchased as a CO/Natural Gas detector.

### The presence of a CO alarm in your home can save your life!

### WHAT DO I DO IF MY CO ALARM GOES OFF?

- ◆ Call 911 immediately and be sure to tell them how many people are feeling ill and what their symptoms are.
- ◆ Evacuate all occupants immediately.
- ◆ Do not re-enter the home without the approval of a fire department representative
- ◆ Call a qualified professional to repair the source of the CO

### RECEPTION/WARMING AND COOLING CENTERS

In the event of a significant emergency, the Township has designated temporary shelter. Residents who need temporary shelter should first call the Teaneck Police Department at (201) 837-2600 to confirm activation of temporary shelters. The Richard Rodda Community Center, located at 250 Colonial Court, is the official Reception/Warming and Cooling Center for public use. Furthermore, the Township has partnered with the Teaneck Board of Education to open specific schools as temporary shelters during emergencies.

### SIDEWALK REPLACEMENT / ROOT CUT

Residents are responsible for the maintenance of sidewalks adjacent to their property. In order to replace one's sidewalk, a permit must be obtained from the Engineering Department by the respective contractor or homeowner. Contractors are required to be licensed by the Township prior to any construction in order to perform concrete work in the public right of way. If tree roots are involved with the replacement of a sidewalk, the individual performing the work must contact the Public Works Department at (201) 837-1600 ext. 1751 or 1728 to arrange for the Township to evaluate and/or grind the tree roots.



### TAX PAYMENTS- ONLINE

The Township offers convenient services for tax payments. Property owners can visit [www.teanecknj.gov](http://www.teanecknj.gov) and click on "Pay Taxes" to remit payment for their quarterly property taxes.

E-Check and credit card payments can only be made via the Internet.

A convenience fee charged by the service provider will be incurred by the user for each transaction. The fee for using an E-Check is a flat \$1.05 per transaction. The fee for using a credit card is 2.95% of the transaction amount. The fee for using a debit card (other than a Visa debit card) is the same fee as using a credit card. The convenience fee for Visa debit cards is a flat \$3.95 per transaction.

### ONLINE TAX SALE

The Township of Teaneck will hold its Annual Tax Sale on January 8<sup>th</sup>. This change will allow the Township an opportunity to collect delinquent taxes on a more timely basis. A tax sale is not the sale of a homeowner's property. Rather, a tax sale is the sale of delinquent taxes on a property to a third party. Upon the issuance of a tax lien, the property owner is responsible to remit outstanding property taxes to the third party who acquired the outstanding tax lien.

The Township anticipates collection of all property taxes in the year due. In order to avoid inclusion in the Annual Tax Sale, property owners are encouraged to pay all taxes by the due date. Furthermore, it is critical to pay 4<sup>th</sup> quarter taxes on time, as the date for inclusion in the tax sale and imposition of associated fees begins 50 days prior to the tax sale date.

It is imperative that the Township collects delinquent taxes in the year they are due in order to reduce the reserve for uncollected taxes. A reduction in the reserve for uncollected taxes will ultimately raise our tax collection percentage and reduce the reserve on uncollected taxes line item in the municipal budget.

### TREES OF LOVE: TEANECK'S COMMEMORATIVE TREE PROGRAM

The program provides the opportunity to plant a tree in a township park to commemorate a joyful event such as marriage, birth, anniversary, graduation, etc. or to memorialize the passing of a loved one.

For a tax-deductible fee of \$350, the cost of the tree, planting, water bag, and inscribed granite plaque are included. The purchaser may choose from a wide selection of native trees and also select the park where the tree will be planted. Tree orders can be placed throughout the year but trees will be planted only at appropriate times of the year. For more information and a downloadable application form, please visit us at [www.teanecknj.gov/Trees-of-love/](http://www.teanecknj.gov/Trees-of-love/) or e-mail us at [TeaneckTrees.ofLove@gmail.com](mailto:TeaneckTrees.ofLove@gmail.com).



### STIGMA FREE



The Township of Teaneck is now a STIGMA-FREE ZONE. In 2016, the Township Council passed an ordinance to create an Advisory Board to address mental illness issues in our community. This Advisory Board will be focusing its attention on the following objectives:

- ◆ Reduce the stigma associated with mental illness
- ◆ Raise awareness of mental health issues and illness
- ◆ Create a culture where those suffering from mental illness feel supported by the community
- ◆ Encourage residents with mental health issues to seek treatment or other assistance without fear of being stigmatized

In 2018, the STIGMA-FREE Advisory Board will look to build and strengthen ties with other mental health agencies and facilities, governmental partners, educational institutions, local merchants and any community member interested in joining our team. This year, we are very excited about the following programs:

- ◆ Providing mental health first aid training for professionals and non-professionals
- ◆ Holding educational seminars on mental illness, health & well-being
- ◆ Sharing valuable information on our website

For more information on STIGMA-FREE or if you are interested in joining our Advisory Board, please contact the Township Clerk at (201) 837-1600 ext. 1025.



### MEDICINE DROP BOX

Project Medicine Drop is an initiative of the New Jersey Division of Consumer Affairs and participating law enforcement agencies. As an important component of the Division's effort to halt the diversion and abuse of prescription drugs, members of the public are invited to deposit their unused or expired household pharmaceutical waste, excluding syringes or liquids, into the Project Medicine Drop box in the lobby of Police Headquarters. This opportunity prevents unused medications from falling into the hands of those who might abuse them and it keeps them from being flushed into the water supply.

### SANITARY SEWERS

The Township's sanitary sewer system is designed for human waste only. Sump pump flows, diapers, paper towels, cooking oils, grease, etc. are prohibited. Disposal of non-human waste may negatively affect your sewer line and/or the Township's sewage system. Residents are encouraged to consult a plumber for information about installing sewer backflow valves on their private sewer lines to prevent sewer backups. This will require a Plumbing permit. Furthermore, the Township recommends residents contact their insurance carrier to ensure they are covered against loss related to sewer backups. Residents experiencing back-ups during business hours should call the Department of Public Works at (201) 837-1600 ext. 1727. After business hours you should contact the Teaneck Police Department at (201) 837-2600.



### SNOW REMOVAL REGULATIONS

As per Township of Teaneck Code, Section 32-6, residents, property owners, and managers must remove snow and ice from public sidewalks in a timely manner. Commercial property owners/tenants must remove such within 12 hours after snowfall stops. Residential property owners/tenants have up to 24 hours after snowfall stops to remove snow and ice. In addition, walkways to the entrances of any properties should be cleared in a timely fashion to allow emergency personnel and mail delivery carriers safe and clear access to the premises. Now is a great time to make sure that you have sturdy shovels, working snow blowers, snow shoveling agreements, and plenty of rock salt before the next snowfall.

### TEANECK HIGH SCHOOL FORUM

#### SNOW REMOVAL ASSISTANCE

If you are looking for reasonable rates and reliable workers, the students at Teaneck High School are available during the winter months to shovel snow for local residents. If you are interested, please call the FORUM at: (201) 862-1200 ext. 6283.



### TOWNSHIP PROVIDES AFFORDABLE COMMUTER PARKING

In 2017, the Township Council adopted Ordinance 24-2017 to permit resident and non-resident commuter decal parking on Elizabeth Avenue, Ward Plaza, and Puffin Way. Decals may be purchased for an annual cost of \$50 per decal from the Township Clerk's Office, located on the second floor of the Administration Building at 818 Teaneck Road.

### PET LICENSES



The Health Department would like to remind dog and cat owners that license renewals begin on January 2, 2018 for dogs and April 1, 2018 for cats. You will have until February 28, 2018 to renew dog licenses and until May 31, 2018 to renew cat licenses. The fee is \$13 per non-spayed or non-neutered animals and \$10 for those that are spayed or neutered. After the respective deadline dates, a \$15 late fee will be added. Personal checks are the preferred method of payment and should be made payable to the Township of Teaneck. Residents who have new animals or who need renewal applications may obtain one online at [www.teanecknj.gov](http://www.teanecknj.gov) under Health Department Documents & Forms or by calling (201) 837-1600 ext. 1500. Free rabies shots can be arranged at the Teaneck Animal Clinic & Spa by calling (201) 530-5833 or the Bergen Veterinary Hospital at (201) 837-3470. Pet owners should note that rabies shots that expire prior to November 1, 2018 for dogs and February 1, 2019, are NOT valid for licensing purposes.

### PET LICENSING CENSUS

In 2018, the Township Health Department will be conducting a door-to-door census to identify unlicensed dogs and cats. Those pet owners who are found to be harboring unlicensed dogs or cats will be issued summonses for non-compliance. Fines range up to \$500 per citation for violations of Township of Teaneck Codes, Sections 6-16.1 and 6-42. Sufficient rabies vaccination, in accordance with State requirements, must be provided in order to obtain a dog or cat license. \*see pet licensing requirements above for full details on the licensing process.\*



### PICK UP AFTER YOUR DOG

Residents are reminded that under Township of Teaneck Code, Section 6-28, you must pick up after your dog and dispose of such waste immediately and in a sanitary manner. This includes both public and private property. Dogs being walked in public must be curbed and the person walking the dog must carry a suitable method of waste disposal. Dogs must be properly leashed or restrained at all times when being walked. Furthermore, dogs must be licensed with the Health Department and have a current rabies vaccination. For further information, please contact the Health Department at: [health@teanecknj.gov](mailto:health@teanecknj.gov) or (201) 837-1600 ext. 1500.

### PARKING DECAL RENEWAL INFORMATION



The Township Clerk's Office reminds all Township merchants, eligible Township residents, and resident commuters that parking permits/decals expire on December 31<sup>st</sup> of each year at midnight.

Applications for parking permits for the 2018 calendar year can be found on our website, [www.teanecknj.gov](http://www.teanecknj.gov), or can be obtained from the Clerk's Office on the second floor of the Administration Building (South Entrance). The fee is \$50.00 per vehicle.

Please note that applicants should be prepared to present the following documents:

1. Valid driver's license
  2. Valid vehicle registration
- (NOTE: Both registration and driver license should have the same Teaneck address; if not, you will be required to file for a change of address through the New Jersey Department of Motor Vehicles office)
3. Other proof of residence may be required.

## RESIDENT RAILCAR EMERGENCY PREPAREDNESS

**Bakken Crude Oil** is one of a wide selection of hazardous materials transported by the rail line through Teaneck. The rail line has been active since 1873 and as far as Township records show, there have only been two train accidents in Teaneck: one in 1930 and one in 1960. In both accidents, no hazardous materials were released and there was no injury or damage to Teaneck residents or businesses along the track. There have been several cargo fires and releases of Anhydrous Ammonia and Muriatic Acid vapors. Teaneck Fire Department has long been prepared for such occurrences. The 1977 Anhydrous Ammonia release occurred in the early morning hours on a hot night in 1977. It resulted in 50 people being brought to hospital emergency rooms, but few required more than that care. Since CSXT took over the rail line, there have been no rail emergencies.

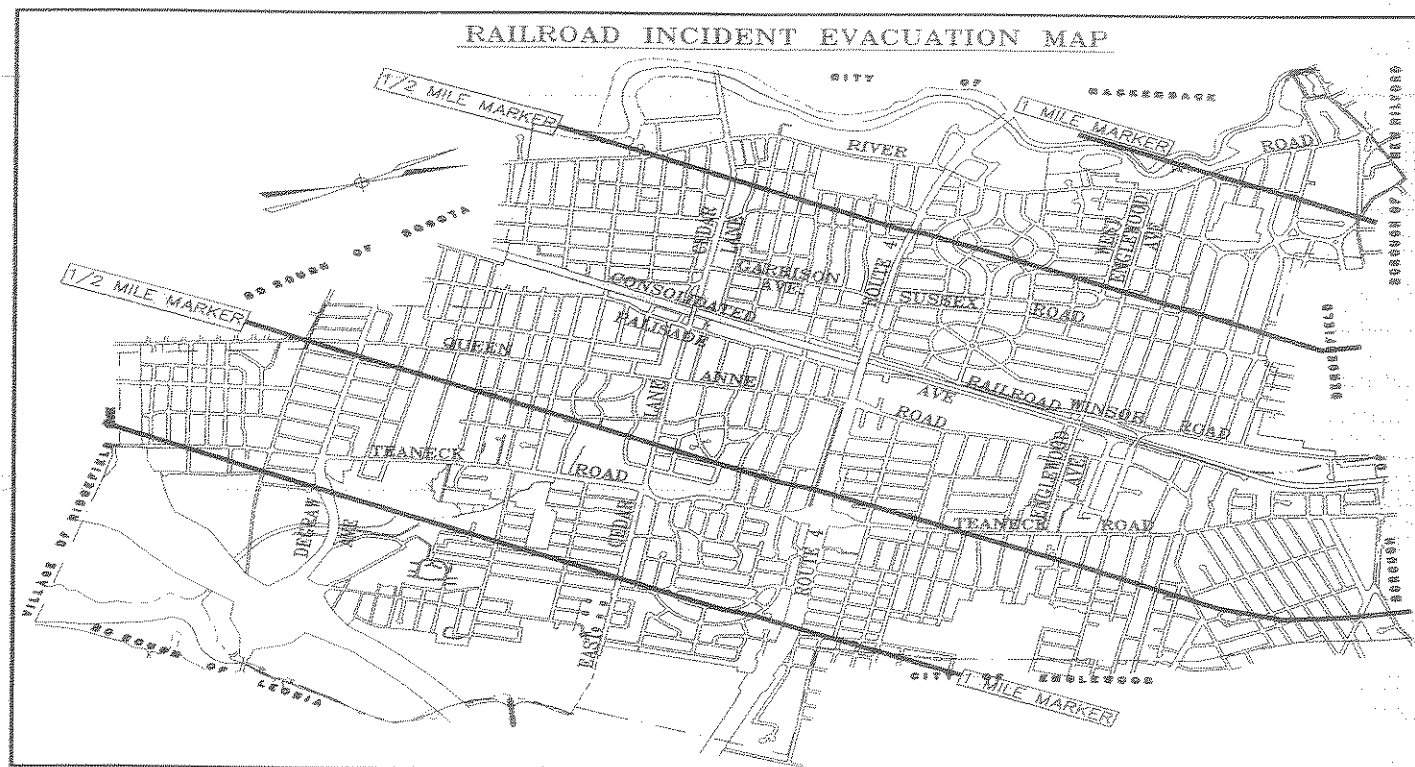
CSX track maintenance is nationally recognized for excellence. It is still incumbent on Teaneck's public safety agencies and residents to continue to be ready. Trains traveling through Teaneck carry sulfuric acid, propane, industrial alcohol, liquefied petroleum gas, anhydrous ammonia, vinyl chloride, and a host of other hazardous materials.

The most recent concern is Bakken crude oil being shipped from the Dakotas to the Philadelphia area. Bakken crude oil is petroleum from the Bakken shale formation. It is a mixture of flammable and combustible liquids and gasses in the natural state that it was recovered from the ground. It is flammable at all local temperatures and is volatile because of dissolved gasses, such as butane. While a rail emergency is unlikely, if one occurs, it will be a major emergency. Due to Teaneck's population density, an evacuation order will require at least 8,000 people to immediately leave their homes, schools, or other places to move at least 1/2 mile from the rail line.

Announcements of the initial evacuation and follow up information will be made by the reverse emergency calling system (Swift 911), Township alert system, Nixle, mobile public address units and the soon to be installed Audible Neighborhood Emergency Alert System. The most important component in an emergency is your preparedness. You are encouraged to review the Township's "Resident Preparedness Guide for Emergencies". You will find the guide on the Township's website: [www.teanecknj.gov](http://www.teanecknj.gov). You should sign up for all of the various notification systems on the Township's website. Listed here are key areas in which preparedness is important in order for you to manage the potential impact of a rail line incident:

### Evacuation Routes:

The areas that will be evacuated depend on the exact location of the incident. If you are located within one half mile of the incident you may be told to evacuate. If you live on the east side of the railroad, you should evacuate via the nearest east bound through street from your home. If you live on the west side of the railroad, you should evacuate via the nearest west bound through street from your home. These streets should be identified in advance of an emergency. Please reference the attached **RAILROAD INCIDENT EVACUATION MAP**, which shows the Township's established evacuation zone for one half mile of the railroad tracks. If you have any mobility concerns, please call 911 during an emergency. However, it is imperative for everyone to have a plan for evacuation before an emergency situation calls for you to do so. Often federal and state highways and other primary roads are designated as evacuation routes by authorities. Be aware that the Township's Office of Emergency Management (OEM) may issue specific evacuation routes.



### *(continued from page 12)*

We recommend you leave the Township as the nature of the emergency will make traveling difficult if not impossible.

Identify in advance where you will stay after you leave the local area. This could be at the home of a family member, a friend or a hotel/motel that meets your family's needs.

### Meeting Places:

Make sure that your loved ones know where to go after getting out of the house. Pick two places to meet: 1) in your neighborhood in proximity to your house in the case of a sudden emergency such as a fire and 2) outside your neighborhood in case you cannot return home.

### Emergency Family Contacts:

Pick your family contacts: two people you and your family members can call in case you are separated in an emergency and need to report in regarding your status (example: "we are okay"). Remember that local telephone service may be disrupted. So it is important to have both a local contact and one who is outside of the area—preferably in another state.

### Unique Needs:

Your emergency plan options must be able to accommodate any unique needs related to family pets, infants or small children and any family members with health, disability or mobility issues. If someone has trouble seeing, hearing, walking, responding to instructions, or has medical problems, you will have more to do to be prepared for an emergency. Furthermore, each household should prepare a "To Go" Kit.

### Contents of "To Go" Kits:

- For Adults, Elderly or Disabled
- ◆ Prescription drugs (one-week supply minimum)
  - ◆ Extra eye glasses or contact lenses and supplies
  - ◆ Mobility aids (wheelchair, cane)
  - ◆ Hearing aids and extra batteries
  - ◆ Special medical supplies (colostomy supplies, insulin and syringes, denture supplies)
  - ◆ Entertainment items (games, cards, books)

### Important Family Documents

- ◆ Drivers license and passports
- ◆ Credit card account numbers
- ◆ Bank account numbers
- ◆ Inventory and pictures of valuable household goods
- ◆ Certificates of birth, marriage, etc.
- ◆ Family health information (allergies, special treatment needs and the like)

### For Pets

- ◆ Pet food and treats
- ◆ Collar, leash and identification tags
- ◆ Muzzle (if needed)
- ◆ Pet carrier or cage
- ◆ Medicines
- ◆ Copy of immunization records
- ◆ Comfort items (bed, special blanket, favorite toy)

The Red Cross has a **Safe and Well** registry that enables people within a disaster area to let their friends and family outside of the affected region know of their well-being. Also, there is telephone based assistance at **1-866-GET-INFO** for people without internet access.

Remember, look out for your neighbors, stay informed, plan, prepare and respond.



**BUILDING PERMITS 101**

**PLAN AHEAD FOR YOUR SPRING PROJECTS**

The time to start planning for your spring home improvement projects is now. While most homeowners are enjoying the sights of a winter wonderland, savvy residents with foresight are planning for the construction of their new decks, patios, pools, or additions. Doing one's homework is a key factor in realizing an enjoyable, cost-effective project.

**PROPERTY SURVEYS**

All projects that involve physical changes to your property will require the submission of an accurate property survey. Start early in the planning process to locate your survey and verify that it shows all improvements on the property. This survey must show not only the outline of the house but also the driveway, all walkways, mechanical equipment units, swimming pools, sheds, detached garages, etc. These surveys may only be prepared by a surveyor licensed in New Jersey. The property survey will be used to show location of the proposed construction, verify distance from the property line to the construction, and to calculate the percentage of the lot covered by improvements. When your project is completed, have your survey updated so you can be ready for the next project.

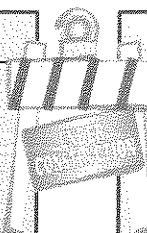
**IT ALL STARTS WITH ZONING**

Decks, patios, pools, and additions all require a Zoning Permit prior to installation. An application for a zoning permit can be obtained from the Building Department or on the Township's website. Instructions for completing this application are included with the form. It is recommended that you call the Building Department and schedule a meeting with the Zoning Officer early on in the planning process. You must bring a copy of your survey with you so the Zoning Officer can provide development requirements tailored to your property. Based on the volume of applications submitted to the office, it may take up to 10 business days to review your application, so please plan ahead. When your project complies with all Township development regulations, your application will be approved and you will be issued a Zoning Permit. Now you are ready for the next step.

**TELL US WHAT YOU WANT TO BUILD**

Decks, pools, and additions all require construction permits issued under the New Jersey Uniform Construction Code. The applications for these projects can be obtained from the Building Department, from the Township website, or through the State Department of Community Affairs' Division of Codes and Standards website ([www.state.nj.us/dca/divisions/codes](http://www.state.nj.us/dca/divisions/codes)). These applications ask for technical information about how your project will be constructed. Your architect or contractor can provide information necessary for completing the forms. Here again, Building Department staff are available to discuss your project, either in person, on the telephone, or by email. Staff members can let you know what codes need to be met and what drawings need to be submitted. Plan ahead: Based on the volume of applications submitted to the office and the complexity of your project, it may take up to 21 business days to review your application. Some projects involve review by the Building, Electric, Plumbing, and Fire Inspectors. When your project complies with all of the State codes, your application will be approved and you will be issued a Construction Permit.

(continued on next column)



**GETTING A SHOVEL IN THE GROUND**

Finally, permits in hand, construction can begin. Don't forget to call for your progress inspections. Either the homeowner, architect, or contractor can assume the responsibility for calling for inspections. These inspections provide assurance that your project is being built in accordance with state codes. Again, plan ahead: There may be many other projects under construction at the same time, although with a full-time inspection staff, many inspection requests may be accommodated the next business day!

**CLOSING IT ALL OUT**

Final inspections must be performed and a Certificate of Occupancy must be obtained prior to using your new space. The safety of the people using your new deck, pool, or addition is our primary concern.

**PROPERTY MAINTENANCE CODE**

The Township of Teaneck reminds all residents and property owners to comply with the Property Maintenance Code, Sec. 29A-9(i)(c) regarding the numbering of homes and lots:

"The number so assigned to each building shall be displayed by the owner or occupant so that they can easily be read by a person seated in a vehicle on the abutting street which is named in the address. Each house number: shall be in Arabic numerals; shall be at least five feet above grade; shall be mounted either above or to the side of the entrance door or on a post or other suitable holder if same is relatively near to the walkway affording access to the building, except that if the building is set so far back from the abutting street that the number cannot be read by a person seated in a vehicle on the abutting street, then the number must be placed on a post so that it can be so read; shall not be obstructed by shrubs or other materials; and shall be in a contrasting color to its background. All commercial buildings that have more than one entrance must have such numbers adjacent to each door."

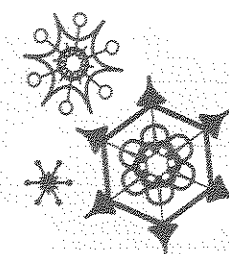
**MUNICIPAL ELECTION 2018**

A municipal election will be held on Tuesday, May 8<sup>th</sup> for four (4) Council Members' seats. The current four seats are occupied by Councilman Jason Castle, Deputy Mayor Elie Y. Katz, Councilwoman Romney Rice, and Councilman Alan Sohn.

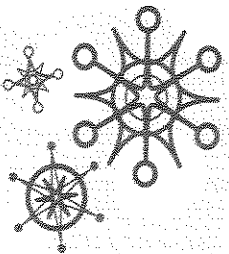
Newly elected Council Members will be installed on July 1<sup>st</sup> at the Council Reorganization meeting. Each will serve a four year term.

**COUNCIL REORGANIZATION MEETING**

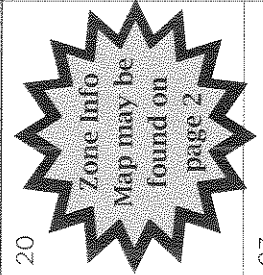
The Township Council will hold its bi-annual Reorganization meeting on Sunday, July 1, 2018 at the Municipal Complex to install newly elected Council and elect a Mayor and Deputy Mayors. The start time for this meeting has yet to be determined and will be announced after the May 8, 2018 municipal election.



# January 2018

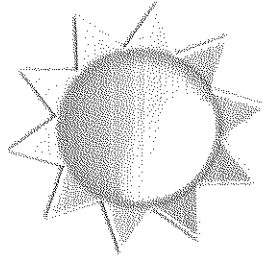


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Closed in observance of New Year's Day	2 ★ Recycling: Zone 5	3 ★ Recycling: Zone 6	4 ★ Recycling: Zone 7	5 ★ Recycling: Zone 8	6
7	8 ★ Recycling: Zone 1 ★ Christmas Tree Pickup: Zones 1 & 2	9 ★ Recycling: Zone 2 ★ Christmas Tree Pickup: Zones 3 & 4 ★ Council Meeting 8pm	10 ★ Recycling: Zone 3 ★ Christmas Tree Pickup: Zones 5 & 6	11 ★ Recycling: Zone 4 ★ Christmas Tree Pickup: Zones 7 & 8	12	13
14	15 Closed in observance of Martin Luther King Jr. Day	16 ★ Recycling: Zone 5	17 ★ Recycling: Zone 6	18 ★ Recycling: Zone 7	19 ★ Recycling: Zone 8	20
21	22 ★ Recycling: Zone 1 ★ Christmas Tree Pickup: Zones 1 & 2	23 ★ Recycling: Zone 2 ★ Christmas Tree Pickup: Zones 3 & 4	24 ★ Recycling: Zone 3 ★ Christmas Tree Pickup: Zones 5 & 6	25 ★ Recycling: Zone 4 ★ Christmas Tree Pickup: Zones 7 & 8	26	27
28	29 ★ Recycling: Zone 5	30 ★ Recycling: Zone 6 ★ Council Meeting 8pm	31 ★ Recycling: Zone 7	<b>Christmas Tree Pickup Service will operate the weeks of January 8 &amp; 22</b>		

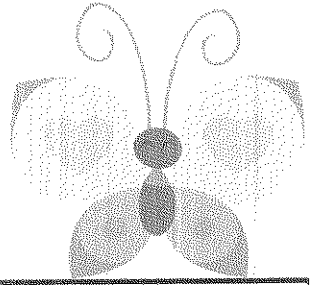


**Reminder: In a snow emergency, there is no parking on Township streets!**

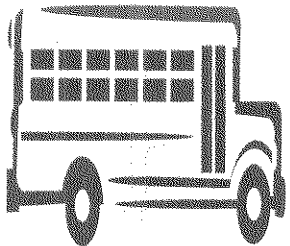




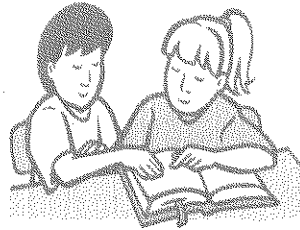
# August 2018

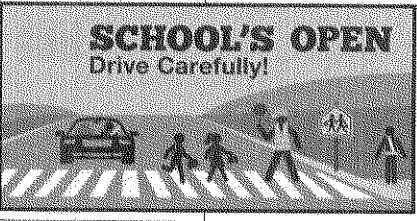



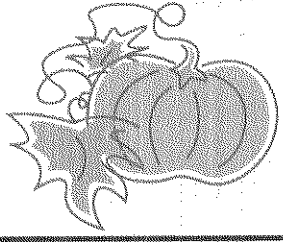
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>*Movies in the Park*</b> August: 7, 14, 21 7:45pm Votee Park Rotary Band Shell (Rain Dates- August: 9, 16, 23)			1 ★ Recycling: Zone 7 ★ Garden Debris Pickup: Zones 5 & 6	2 ★ Recycling: Zone 8 ★ Garden Debris Pickup: Zones 7 & 8	3	4
5	★ Recycling: Zone 1 ★ Garden Debris Pickup: Zones 1 & 2	★ Recycling: Zone 2 ★ Garden Debris Pickup: Zones 3 & 4	8 ★ Recycling: Zone 3 ★ Garden Debris Pickup: Zones 5 & 6	9 ★ Recycling: Zone 4 ★ Garden Debris Pickup: Zones 7 & 8	10	11
12	★ Recycling: Zone 5 ★ Garden Debris Pickup: Zones 1 & 2	★ Recycling: Zone 6 ★ Garden Debris Pickup: Zones 3 & 4 ★ Council Meeting 8pm	15 ★ Recycling: Zone 7 ★ Garden Debris Pickup: Zones 5 & 6	16 ★ Recycling: Zone 8 ★ Garden Debris Pickup: Zones 7 & 8	17	18
19	<b>Be careful not to overload electrical circuits!</b>	★ Recycling: Zone 1 ★ Garden Debris Pickup: Zones 1 & 2	21 ★ Recycling: Zone 2 ★ Garden Debris Pickup: Zones 3 & 4	22 ★ Recycling: Zone 3 ★ Garden Debris Pickup: Zones 5 & 6	23 ★ Recycling: Zone 4 ★ Garden Debris Pickup: Zones 7 & 8	24 25 <b>Zone Info Map may be found on page 2</b>
26		★ Recycling: Zone 5 ★ Garden Debris Pickup: Zones 1 & 2	28 ★ Recycling: Zone 6 ★ Garden Debris Pickup: Zones 3 & 4	29 ★ Recycling: Zone 7 ★ Garden Debris Pickup: Zones 5 & 6	30 ★ Recycling: Zone 8 ★ Garden Debris Pickup: Zones 7 & 8	31



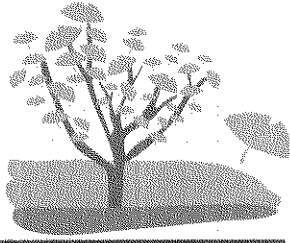
# September 2018



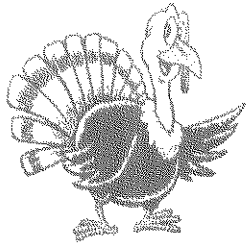
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>SCHOOL'S OPEN</b> Drive Carefully! 			<b>Fire drills are not just for school. Practice fire drills at home too!</b>			1 <b>Zone Info Map may be found on page 2</b>
2	<b>Closed in Observance of Labor Day</b> 	★ Recycling: Zone 1 ★ Garden Debris Pickup: Zones 1 & 2 ★ Council Meeting 8pm	5 ★ Recycling: Zone 2 ★ Garden Debris Pickup: Zones 3 & 4	6 ★ Recycling: Zone 3 ★ Garden Debris Pickup: Zones 5 & 6	7 ★ Recycling: Zone 4 ★ Garden Debris Pickup: Zones 7 & 8	8
9	★ Recycling: Zone 5 ★ Garden Debris Pickup: Zones 1 & 2	★ Recycling: Zone 6 ★ Garden Debris Pickup: Zones 3 & 4 <b>Township Remembrance Ceremony</b>	12 ★ Recycling: Zone 7 ★ Garden Debris Pickup: Zones 5 & 6	13 ★ Recycling: Zone 8 ★ Garden Debris Pickup: Zones 7 & 8	14	15
16	★ Recycling: Zone 1 ★ Garden Debris Pickup: Zones 1 & 2	★ Recycling: Zone 2 ★ Garden Debris Pickup: Zones 3 & 4	19 ★ Recycling: Zone 3 ★ Garden Debris Pickup: Zones 5 & 6	20 ★ Recycling: Zone 4 ★ Garden Debris Pickup: Zones 7 & 8	21	22
23	★ Recycling: Zone 5 ★ Garden Debris Pickup: Zones 1 & 2	★ Recycling: Zone 6 ★ Garden Debris Pickup: Zones 3 & 4	26 ★ Recycling: Zone 7 ★ Garden Debris Pickup: Zones 5 & 6	27 ★ Recycling: Zone 8 ★ Garden Debris Pickup: Zones 7 & 8	28	29
30					<b>Make sure to get your furnace inspected and serviced by a qualified professional!</b>	



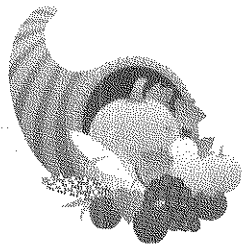
# October 2018



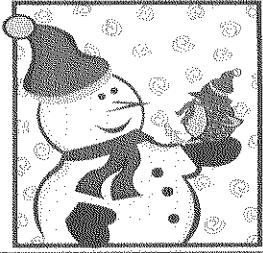
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 ★ Recycling: Zone 1 ★ Garden Debris Pickup: Zones 1 & 2	2 ★ Recycling: Zone 2 ★ Garden Debris Pickup: Zones 3 & 4	3 ★ Recycling: Zone 3 ★ Garden Debris Pickup: Zones 5 & 6	4 ★ Recycling: Zone 4 ★ Garden Debris Pickup: Zones 7 & 8	5 Leaf season begins today; residents are permitted to rake leaves out to the curb.	6
<b>Weekly Garden Debris pickup ends October 4<sup>th</sup></b>						
7	8 Closed in Observance of Columbus Day	9 ★ Recycling: Zone 5 ★ Council Meeting 8pm	10 ★ Recycling: Zone 6	11 ★ Recycling: Zone 7	12 ★ Recycling: Zone 8	13
14	15 ★ Recycling: Zone 1	16 ★ Recycling: Zone 2	17 ★ Recycling: Zone 3	18 ★ Recycling: Zone 4	19	20 ★ Confidential Paper Shredding 9am—1pm ★ Town-wide Garage Sale See page 6 for more info.
21 ★ Confidential Paper Shredding 9am—1pm ★ Town-wide Garage Sale See page 6 for more info.	22 ★ Recycling: Zone 5	23 ★ Recycling: Zone 6 ★ Council Meeting 8pm	24 ★ Recycling: Zone 7	25 ★ Recycling: Zone 8	26 Zone Info Map may be found on page 2	27
28	29 ★ Recycling: Zone 1	30 ★ Recycling: Zone 2	31 ★ Recycling: Zone 3			Know at least <u>two</u> ways out of every room!



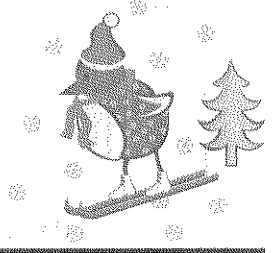
# November 2018



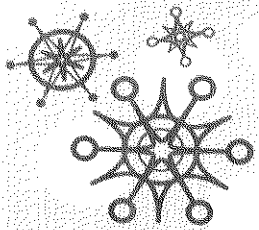
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Thanksgiving is the peak day for home cooking fires. Two thirds of home cooking fires start with the ignition of food or other cooking materials.			1 ★ Recycling: Zone 4	2	3
<b>Change your clock &amp; change your batteries!</b>						
4 Daylight Saving Time ends; set your clocks back an hour	5 ★ Recycling: Zone 5	6 ★ Recycling: Zone 6 ★ Election Day Polls open 6am—8pm	7 ★ Recycling: Zone 7	8 ★ Recycling: Zone 8	9	10 Make sure to get your furnace inspected and serviced by a qualified professional!
11 Veteran's Day Township Service 11:00am	12 Closed in Observance of Veterans Day	13 ★ Recycling: Zone 1	14 ★ Recycling: Zone 2	15 ★ Recycling: Zone 3	16 ★ Recycling: Zone 4	17
18	19 ★ Recycling: Zone 5 ★ Council Meeting 8pm	20 ★ Recycling: Zone 6	21 ★ Recycling: Zone 7	22 Closed in Observance of Thanksgiving	23 ★ Recycling: Zone 8 ★ Depot Open ★ Municipal Offices Closed	24
25	26 ★ Recycling: Zone 1	27 ★ Recycling: Zone 2	28 ★ Recycling: Zone 3	29 ★ Recycling: Zone 4	30	Zone Info Map may be found on page 2



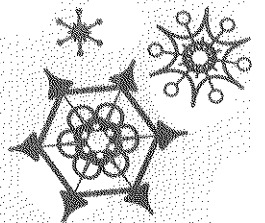
# December 2018



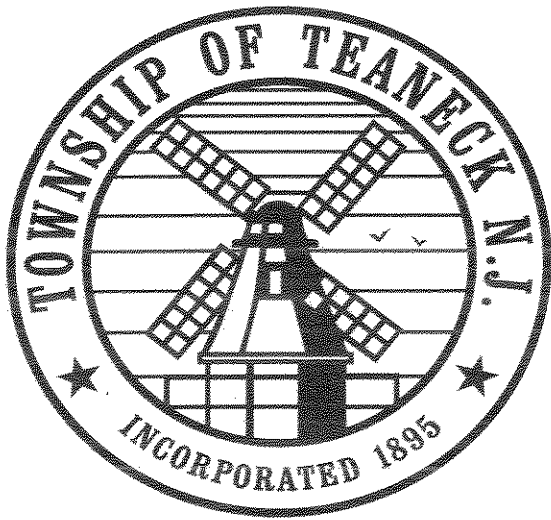
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 <b>Zone Info Map may be found on page 2</b>
<b>LEAVES ARE NOT PERMITTED TO BE RAKED TO THE CURB AFTER DECEMBER 2nd</b>						
2	3 ★ Recycling: Zone 5	4 ★ Recycling: Zone 6	5 ★ Recycling: Zone 7	6 ★ Recycling: Zone 8	7	8
9	10 ★ Recycling: Zone 1	11 ★ Recycling: Zone 2 ★ Council Meeting 8pm	12 ★ Recycling: Zone 3	13 ★ Recycling: Zone 4	14	15
16 <b>Reminder: In a snow emergency there is no parking on Township streets!</b>	17 ★ Recycling: Zone 5	18 ★ Recycling: Zone 6	19 ★ Recycling: Zone 7	20 ★ Recycling: Zone 8	21	22
23	24 ★ Recycling: Zone 1	25 Closed in Observance of Christmas	26 ★ Recycling: Zone 2	27 ★ Recycling: Zone 3	28 ★ Recycling: Zone 4	29
30	31 ★ Recycling: Zone 5		<b>Happy Holidays!</b>		<b>Blow out all candles when you leave the room or go to bed. Avoid the use of candles in the bedroom and other areas where people may fall asleep.</b>	



# January 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Zone Info Map may be found on page 2</b>		1 Closed in Observance of New Year's Day 	2 ★ Recycling: Zone 6	3 ★ Recycling: Zone 7	4 ★ Recycling: Zone 8	5
6	7 ★ Recycling: Zone 1 ★ Christmas Tree Pickup: Zones 1 & 2	8 ★ Recycling: Zone 2 ★ Christmas Tree Pickup: Zones 3 & 4	9 ★ Recycling: Zone 3 ★ Christmas Tree Pickup: Zones 5 & 6	10 ★ Recycling: Zone 4 ★ Christmas Tree Pickup: Zones 7 & 8	<b>Reminder: In a snow emergency, there is no parking on Township streets!</b>	
13	14 Closed in Observance of Martin Luther King Jr. Day 	15 ★ Recycling: Zone 5	16 ★ Recycling: Zone 6	17 ★ Recycling: Zone 7	18 ★ Recycling: Zone 8	19
20	21 ★ Recycling: Zone 1 ★ Christmas Tree Pickup: Zones 1 & 2	22 ★ Recycling: Zone 2 ★ Christmas Tree Pickup: Zones 3 & 4	23 ★ Recycling: Zone 3 ★ Christmas Tree Pickup: Zones 5 & 6	24 ★ Recycling: Zone 4 ★ Christmas Tree Pickup: Zones 7 & 8	25	26
27	28 ★ Recycling: Zone 5	29 ★ Recycling: Zone 6	30 ★ Recycling: Zone 7	31 ★ Recycling: Zone 8	<b>Christmas Tree Pickup Service will operate the weeks of January 7 and 21</b>	



**TOWNSHIP OF TEANECK**

Municipal Building  
818 Teaneck Road  
Teaneck, NJ 07666

PRESORTED  
STANDARD  
U. S. POSTAGE PAID  
S. HACKENSACK, NJ  
PERMIT NO. 757

**Postal Customer  
ECRWSS**

## TOWNSHIP COUNCIL

- Mohammed Hameeduddin, *Mayor*.....m.hameed@teanecknj.gov  
 Elie Y. Katz, *Deputy Mayor* ..... katz07666@teanecknj.gov  
 Henry J. Pruitt, *Deputy Mayor*..... hpruitt@teanecknj.gov  
 Jason Castle, *Councilmember* ..... jcastle@teanecknj.gov  
 Gervonn Romney Rice, *Councilwoman*.....grice@teanecknj.gov  
 Mark Schwartz, *Councilmember*.....mschwartz@teanecknj.gov  
 Alan Sohn, *Councilmember* .....asohn@teanecknj.gov

## TEANECK MUNICIPAL SERVICE DIRECTORY (201) 837-1600 (for Emergencies, call 911)

- Manager's Office:..... William Broughton, MAS, CPM, RMC, Township Manager .....twspmanager@teanecknj.gov  
 Assessor's Office:..... James R. Tighe, CTA, SCGRE, Assessor ..... assessor@teanecknj.gov  
 Building Department:..... Mark Bocchino, Construction Official/Plumbing Subcode Official ..... building@teanecknj.gov  
 Clerk's Office:..... Issa Abbasi, MPA, RMC, Township Clerk..... clerk@teanecknj.gov  
 Engineering Department:..... Farah Gilani, PE, PP, CME, Township Engineer..... engineering@teanecknj.gov  
 Finance Department:..... Michael Mariniello, CMFO, Chief Financial Officer ..... finance@teanecknj.gov  
 Fire Department (201-808-8080):..... Paul Browning, Fire Chief ..... pbrowning@teanecknj.gov  
 Health & Human Services Department:.. Kenneth Katter, M.A., CPM, Health Officer ..... health@teanecknj.gov  
 Library (201-837-4171):..... Michael D. McCue, MLS, Library Director ..... mccue@bccls.org  
 Municipal Court:..... Craig Ferdinand, CMCA, Court Administrator ..... court@teanecknj.gov  
 Police Department (201-837-2600):..... Glenn M. O'Reilly, Chief of Police ..... goreilly@teaneckpolice.org  
 Public Works Department:..... Fran Wilson, CPWM, CRP, Director of Public Works ..... dpw@teanecknj.gov  
 Purchasing Department:..... Simona Casian-Sirbu, RPPS, QPA, Purchasing Agent..... purchasing@teanecknj.gov  
 Recreation Department (201-837-7130):.. Glenna D. Crockett, CPRP, Superintendent of Recreation..... recreation@teanecknj.gov

## HOURS OF OPERATION

**MUNICIPAL BUILDING:**

Monday, Wednesday, Thursday & Friday 8 a.m. to 5:15 p.m.;  
Tuesday: 8 a.m. to 7 p.m.

**DEPARTMENT OF PUBLIC WORKS:**

Monday through Friday 7 a.m. to 3 p.m.

**RECYCLING DEPOT HOURS:**

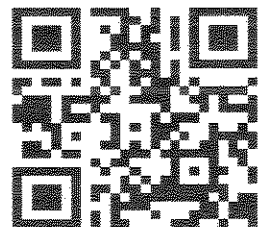
Friday, Saturday, and Sunday 7 a.m. to 2:45 p.m.

**RECREATION DEPARTMENT (main office):**

Monday, Wednesday, Thursday & Friday 8 a.m. to 5:15 p.m.;  
Tuesday: 8 a.m. to 7 p.m.

**POLICE AND FIRE DEPARTMENTS:**

Open 24 hours



**Scan the QR code to  
visit our website!**



Township Manager William Broughton wishes to thank the "Teaneck Times" Committee: Director of Public Works/Recycling Coordinator Fran Wilson, Kevin Arahill, Glenna Crockett, Colleen Hannigan, Samantha Jackson, and Helen Zbierski.

## WELCOME

Teaneck is situated approximately 8 miles west of the George Washington Bridge, and at the crossroads of I-95 and the eastern terminus of I-80.

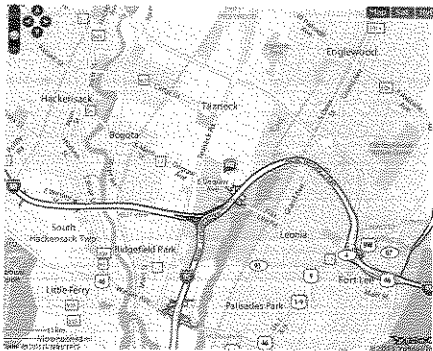
Teaneck is home to Holy Name Medical Center, Fairleigh Dickinson University, Marriott-Glenpointe, World of Wings, the Teaneck International Film Festival and more!

Teaneck is a diverse community of approximately 40,000 residents, 6 business districts (each with its own flavor), a variety of businesses and a selection of dining establishments that are bound to satisfy all palates.

Spring, summer, fall or winter, you are bound to find an activity right here in Teaneck or the immediate surrounding areas. From historical sites, museums, the arts, recreation, sports, nature, shopping, dining and houses of worship. You will find it all, right here in Teaneck.



In addition to its rich history, Teaneck also has the distinction of being recognized as the 21st Fair Trade Town in the United States and the first Fair Trade High School in New Jersey.



## TRANSPORTATION

- **Highways** - Interstate 80, Interstate 95 (New Jersey Turnpike), Garden State Parkway, Route 4, Route 17 and Route 208.
- **Rail/Bus** - Area is served by New Jersey Transit ([www.njtransit.com](http://www.njtransit.com)). Other private bus lines are also available.
- **Airports** - Within approximately 30 minute travel time: Newark Liberty International Airport (EWR), Teterboro Airport (TAB) and LaGuardia (LGA) in New York. Approximately 1 hour travel time: JFK International Airport (JFK) in New York. All airports are operated by the Port Authority of New York and New Jersey ([www.panynj.gov](http://www.panynj.gov)).
- **Parking** - Teaneck has abundant parking on and off street in the various business districts.



Post Office Box 224  
Teaneck, New Jersey 07666

tel: (201) 801-0012 - fax: (201) 793-7521  
e-mail: [info@TeaneckChamber.org](mailto:info@TeaneckChamber.org)

**Please support our members.**

For a complete listing of Teaneck Chamber of Commerce members please visit our website noted below.

Visit us:

**Teaneck Chamber of Commerce**  
[www.teaneckchamber.org](http://www.teaneckchamber.org)



Also visit  
**Township of Teaneck**  
[www.teanecknj.gov](http://www.teanecknj.gov)



*Important Note. Some QR code readers are very sensitive, therefore you might find it necessary to cover one of the above codes with your fingers in order to scan for the appropriate site.*

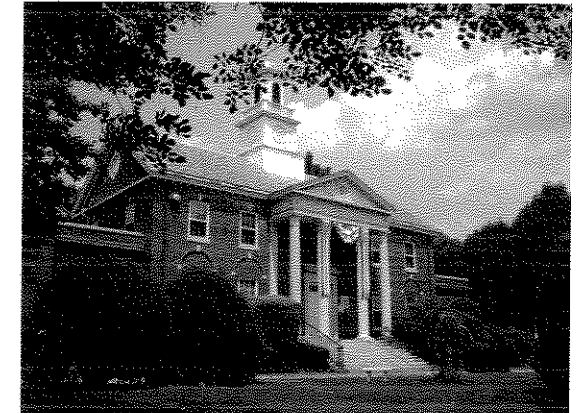
The Teaneck Chamber of Commerce is a member of the Inter-Chamber Consortium.



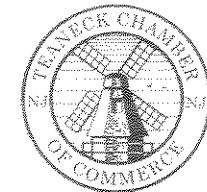
Published by the  
Teaneck Chamber of Commerce



# Welcome To Teaneck New Jersey



*Teaneck Municipal Building*



BUSINESS - COMMUNITY - GOVERNMENT  
*Working Together*  
[www.teaneckchamber.org](http://www.teaneckchamber.org)

## HISTORY

*(While quite rich in history, this is abridged)*

The origin and meaning of the name "Teaneck" is unknown, but it is speculated that it could have come from various Dutch or English words, or could possibly be Native American in origin.

In November 1776, General George Washington passed through Teaneck during the withdrawal of Colonial forces from nearby Fort Lee. Early on the morning of November 20, 1776, Washington rode by horseback from his headquarters in Hackensack through Teaneck and across Overpeck Creek to Fort Lee where he watched as 6,000 British troops made their way by boats up the Hudson River.

After World War I Teaneck returned to being a quiet farm community. New growth and development were spurred in the mid-19th century by the establishment of railroads throughout the area. Wealthy New Yorkers and others purchased large properties building spacious mansions and manor houses.

The largest estate belonged to William Walter Phelps, the son of a wealthy railroad magnate and New York City merchant. The mansion was located on the site of the present municipal green.

Teaneck was created in 1895 from portions of Englewood Township, Ridgefield Township, and portions of Bogota and Leonia.

When incorporated, the population of Teaneck was 811. William W. Bennett, administrator of the Phelps Estate, was selected as chairman of the first three-man Township Committee.

The opening of the Phelps Estate in 1927 led to substantial population growth. The George Washington Bridge was completed in 1931 and its connection to Teaneck via Route 4 brought thousands of new home buyers. From 1920 and 1930, Teaneck's population exploded from 4,192 to 16,513.

A second major spurt of building and population growth occurred after World War II. The African-American population grew substantially in the 1960s. Teaneck became the first community in the nation where a white majority voted voluntarily for school integration. The sequence of events was the subject of a book titled *Triumph in a White Suburb* written by Township resident Reginald G. Damerell (1968. New York: William Morrow & Company, Inc.).

Today, Teaneck is a showcase of diversity and an example of unity, part of which can be seen within the various business districts.

*(http://en.wikipedia.org/wiki/Teaneck, NJ)*

## PLACES OF INTEREST

*(Partial listing)*

### Recreation

- Votee Park (the "Central Park" of Teaneck as it was once known)
- Overpeck Park ([www.co.bergen.nj.us/bcparks/poverpeck.aspx](http://www.co.bergen.nj.us/bcparks/poverpeck.aspx))
- Bike Paths & Pedestrian Walks
- Teaneck Creek Conservancy ([www.teaneckcreek.org](http://www.teaneckcreek.org))
- Friends of the Hackensack Greenway Through Teaneck ([www.teaneckgreenway.org](http://www.teaneckgreenway.org))

### Arts & Entertainment

- Puffin Foundation ([www.puffinfoundation.org](http://www.puffinfoundation.org))
- Teaneck International Film Festival - 3 days usually in November. ([www.teaneckfilmfestival.org](http://www.teaneckfilmfestival.org))
- Teaneck Public Library ([www.teaneck.org](http://www.teaneck.org))
- The Garage Theatre Group ([www.garagetheatre.org](http://www.garagetheatre.org))
- Teaneck New Theatre ([www.go-tnt.org](http://www.go-tnt.org))
- Teaneck Cinema

### Organizations

- Teaneck is home to many wonderful organizations, most are community based but one of particular interest to visitors might be the Rotary Club of Teaneck ([www.teaneckrotary.com](http://www.teaneckrotary.com))

### Points of Interest

- New Jersey Aviation Hall of Fame - ([www.njahof.org](http://www.njahof.org)) (Teterboro, NJ)
- New Jersey Naval Museum - ([www.njnm.com](http://www.njnm.com)) (Hackensack, NJ)
- Historic Burial Grounds - 662 Pomander Walk
- Historic bridge that Gen'l Washington crossed during famous retreat

### Historic Landmarks

Several homes in Teaneck date back to the colonial era or the period after the American Revolutionary War and have been preserved and survive to this day.

- Adam Vandelinda House
- The Brinkerhoff-Demarest House  
*(the second-oldest house in Bergen County. Built in 1678 >>>>>)*
- Casper Westervelt House  
*(Dutch-Colonial architecture. Built in 1763)*
- Draw Bridge at New Bridge Landing
- Steuben House - 664 River Rd.  
*(Built around 1761, displaying features of Jersey-Dutch architecture)*
- David Demarest House *(oldest in the county)*

### Houses of Worship

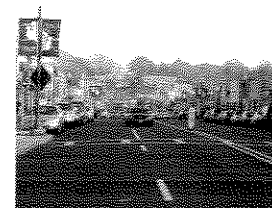
Most all religious affiliations can be found in Teaneck.



### ANNUAL EVENTS

*(A Sampling)*

- |           |  |
|-----------|--|
| April/May | Garden Club of Teaneck - Plant Sale                                  |
| May       | Cedar Lane Family Festival - Memorial Day                            |
| May       | Holy Name Medical Center's MS Center Spring Fashion Fling Fundraiser |
| May       | Teaneck Library Book Sale  |
| June      | Teaneck Chamber - Ladies Night                                       |
| July      | Fourth of July Parade - 4th of July                                  |
| August    | Teaneck National Night Out   |
| Oct/Nov   | Teaneck Chamber - Community Awards Dinner                            |
| Nov       | Teaneck International Film Festival                                  |



*Cedar Lane*



*Teaneck Road*



*West Englewood Avenue*



*DeGraw Ave / Queen Anne Rd*



*Glenpointe*

Nature, Recreation, The Arts, History and Diversity  
All in one location  
All in Teaneck

Nature, Recreation, The Arts, History and Diversity  
All in one location  
All in Teaneck



# New Jersey Voter Registration Application

Please print clearly in ink. All information is required unless marked optional.

<b>1</b> Check boxes that apply: <input type="checkbox"/> New Registration <input type="checkbox"/> Name Change <input type="checkbox"/> Address Change <input type="checkbox"/> Signature Update <input type="checkbox"/> Political Party Affiliation or Non-Affiliation Change.						<b>FOR OFFICIAL USE ONLY</b> Clerk _____ Registration # _____ Office Time Stamp _____
<b>2</b> Are you a U.S. Citizen? <input type="checkbox"/> Yes <input type="checkbox"/> No (If No, DO NOT complete this form)		Are you at least 17 years of age? <input type="checkbox"/> Yes <input type="checkbox"/> No (If No, DO NOT complete this form)				
<b>3</b> Last Name		First Name	Middle Name or Initial		Suffix (Jr., Sr., III)	
<b>4</b> Date of Birth						
<b>5</b> NJ Driver's License Number or MVC Non-driver ID Number _____ If you DO NOT have a NJ Driver's License or MVC Non-Driver ID, provide the last 4 digits of your Social Security Number. _____ <input type="checkbox"/> "I swear or affirm that I DO NOT have a NJ Driver's License, MVC Non-driver ID or a Social Security Number."						
<b>6</b> Home Address (DO NOT use PO Box)		Apt.	Municipality	County	State	Zip Code
<b>7</b> Mailing Address if different from above		Apt.	Municipality	County	State	Zip Code
<b>8</b> Last Address Registered to Vote (DO NOT use PO Box)		Apt.	Municipality	County	State	Zip Code
<b>9</b> Former Name if Making Name Change		a. Day Phone Number (Optional) _____ b. E-Mail Address (Optional) _____				
<b>10</b> Do you wish to declare a political party affiliation? (Optional) <input type="checkbox"/> Yes, the party name is _____ <input type="checkbox"/> No, I do not wish to be affiliated with any political party.						
<b>11</b> Gender <input type="checkbox"/> Female <input type="checkbox"/> Male		<b>Declaration - I swear or affirm that:</b> <ul style="list-style-type: none"> <li>• I am a U.S. Citizen</li> <li>• I live at the above address</li> <li>• I am at least 17 years old, and understand that I may not vote until reaching the age of 18.</li> </ul> <ul style="list-style-type: none"> <li>• I will have resided in the State and county at least 30 days before the next election</li> <li>• I am not on parole, probation or serving a sentence due to a conviction for an indictable offense under any federal or state laws</li> </ul> <ul style="list-style-type: none"> <li>• I understand that any false or fraudulent registration may subject me to a fine of up to \$15,000, imprisonment up to 5 years, or both pursuant to R.S. 19:34-1</li> </ul>				
Signature: Sign or mark and date on lines below  <b>X</b> _____ Date _____				If applicant is unable to complete this form, print the name and address of individual who completed this form. Name _____ Date _____ Address _____		

### Important Instructions for sections 5, 6 and 10

5) Registrants who are submitting this form by mail and are registering to vote for the first time: If you do not have any of the information required by section 5, or the information you provide cannot be verified, you will be asked to provide a COPY of a current and valid photo ID, or a document with your name and current address on it to avoid having to provide identification at the polling place.

**Note:** ID Numbers are Confidential and will not be released by any governmental agency. Any person who uses such numbers illegally shall be subject to criminal penalties.

6) If you are homeless, you may complete section 6 by providing a contact point or the location where you spend most of your time.

10) You may declare a political party affiliation or you may declare to be unaffiliated, regardless of any prior party affiliation. If you are a previously affiliated voter who wants to change political party affiliation or become unaffiliated, you must file this form no later than 55 days before the primary election in order to vote in the primary election. Completing section 10 is OPTIONAL and will not affect the acceptance of your voter registration application.

### Need More Information? Check boxes below if you would like to receive more information about:

- voting by mail
- polling place accessibility
- available election materials in this alternative language:
- becoming a poll worker
- voting if you have a disability, including visual impairment

For further information visit [Elections.NJ.gov](http://Elections.NJ.gov) or call toll-free 1-877-NJVOTER (1-877-658-6837)



# New Jersey Voter Registration Information

## You can register to vote if:

- You are a United States citizen.
- You are at least 17 years of age.\*
- You will be a resident of the State and county 30 days before the election.
- You are **NOT** currently serving a sentence, probation or parole because of a felony conviction.

\*You may register to vote if you are at least 17 years old but cannot vote until reaching the age of 18.

## Registration Deadline: 21 days before an election

Your County Commissioner of Registration will notify you if your application is accepted. If it is not accepted, you will be notified on how to complete and/or correct the application.

Questions? visit [Elections.NJ.gov](http://Elections.NJ.gov) or call toll-free 1-877-NJVOTER (1-877-658-6837)

**1** FOLD



NO POSTAGE  
NECESSARY  
IF MAILED  
IN THE  
UNITED STATES

**BUSINESS REPLY MAIL**  
FIRST-CLASS MAIL PERMIT NO. 206 TRENTON, NJ  
POSTAGE WILL BE PAID BY ADDRESSEE

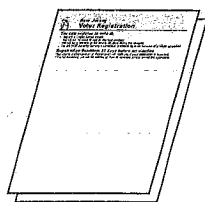


BERGEN COUNTY SUPERINTENDENT OF ELECTIONS  
1 BERGEN COUNTY PLZ RM 380  
HACKENSACK NJ 07601-9832

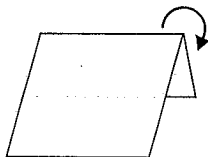


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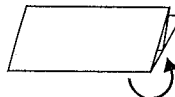
**Important:** Print out at 100% - DO NOT REDUCE. Fold as illustrated to ensure proper mailing.



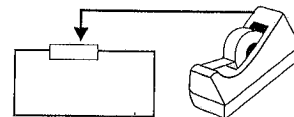
Put both pages together as shown



**1** fold top down



**2** fold bottom up



**3** Tape top shut

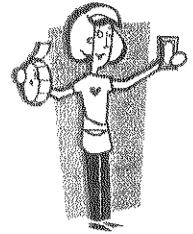
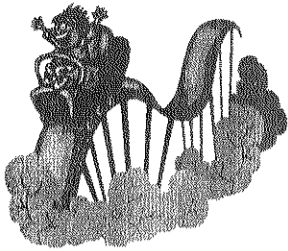
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**TEANECK RECREATION DEPARTMENT**

**DISCOUNT AMUSEMENT**

**TICKETS 2018**



**GATE PRICE    DISCOUNT PRICE**

**Six Flags Great Adventure, Wild Safari & Hurricane Harbor, Jackson, NJ**

One Day Theme Park -Adult .....	\$85.29 .....	\$46.00
<i>(Safari &amp; Theme unite as one great park)</i>		
Hurricane Harbor -Adult .....	\$47.99 .....	\$35.00
Parking Pass (Theme Park or Hurricane Harbor) .....	\$25.00 .....	\$22.00

**Dorney Park & Wildwater Kingdom, Allentown, PA**

Adult Regular Session.....	\$61.95 .....	\$48.00
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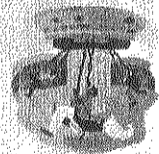
**Mountain Creek Waterpark, Vernon, NJ**

Adult 48"+ (full day).....	\$45.99 .....	\$37.00
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**Hershey Park, Hershey PA**

Adult (ages 9-54).....	\$67.80 .....	\$54.00
Junior (ages 3-8).....	\$45.80 .....	\$41.00
Senior (age 55-69) .....	\$45.80 .....	\$41.00

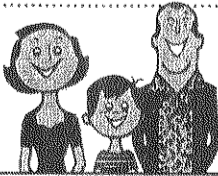
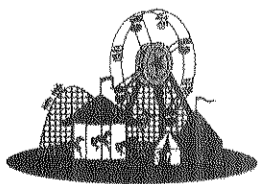


**Morey's Piers, Wildwood, NJ**

Flexible Combo over 48" .....	\$78.88 .....	\$63.00
<i>(Ride &amp; Waterpark do not have to be used on the same day)</i>		
Flexible Combo under 48" .....	\$59.95 .....	\$48.00
<i>(Ride &amp; Waterpark do not have to be used on the same day)</i>		
Amusements Only.....	\$59.74 .....	\$48.00
Waterpark ONLY-All Day-2 Parks .....	\$45.00 .....	\$38.00

**Medieval Times, Lyndhurst, NJ**

General Admission.....	\$71.28 .....	\$35.00
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Discount tickets are provided through the New Jersey Recreation & Park Association.  
 Once tickets are purchased, they cannot be exchanged or returned.  
**ALL TICKET PURCHASES MUST BE CASH OR MONEY ORDER ONLY.**

# Age-Friendly Times

News from Teaneck's Age-Friendly Community Initiative

## Teaneck, a Town for All Ages

A great place to grow up should also be a great place to grow old.

If you polled people on the streets on Teaneck, most would likely agree with that sentiment.

But the fact is, Teaneck, like most American suburbs, was designed and built to better suit the needs of families with young children and minivans, rather than the needs of aging grandparents who no longer drive or need a big house anymore.

So sentiment alone isn't enough to help older people in Teaneck when they want to downsize to a small apartment, find a ride to the grocery store, get someone to shovel the walk or hire a caregiver on their fixed-income budgets.

Enter Age-Friendly Teaneck, a community initiative that is enlisting the township's leaders and activists in the common goal of better serving the needs of residents of all ages. Or to put it another way, to turn a sentiment into a strategy.

Since early 2016, Age-Friendly Teaneck has built a network of supporters, with some of Teaneck's most-active government, business and civic leaders on its steering committee and task forces.

The project is directed by Elizabeth Davis, a licensed clinical social worker who founded Geriatric Services, Inc., a non-profit with oversight over two of Teaneck's affordable living options for seniors - the 65-bed Bright Side Manor assisted living residence and the 62-unit Brookdale senior housing building.

Through her 35 years of work in the field of aging, Davis has long encountered older people who regretfully left behind communities they loved because it became too hard to stay.

Project Coordinator Jacqueline Kates well understands such laments. Kates is a former mayor and township council member who recently retired as community relations coordinator at Holy Name Medical Center. Three years ago, Kates and her husband moved to an apartment in Fort Lee after

TEANECK Continued page

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### Age-Friendly Teaneck Successes



Getting three seconds added to signal at Cedar Lane and Garrison Avenue so people of all ages have time to cross safely

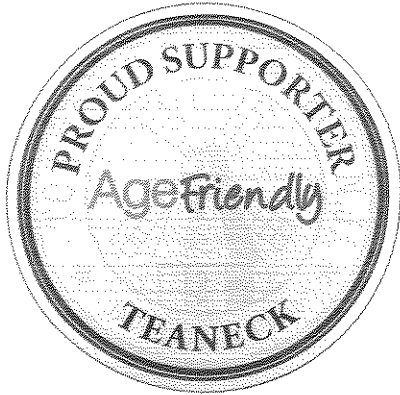
Advocating for the Township Council to support Complete Streets policies to improve safety for motorists, pedestrians, bicyclists and public transit users of all age

Creating a refrigerator magnet resource directory listing services for older adults

Disseminating a community letter aimed at getting assistance to frail and isolated residents, an outreach that so far has identified 10 residents in need

Persuading the County to create a central number (201-336-7400) for seniors seeking affordable subsidized housing

Founding the Teaneck Historical Society



Age-Friendly Teaneck's Business and Banking Task Force has created decals for storefront windows.

### Business Tips

#### Avoid

- Loud music
- Heavy doors
- Crowded aisles
- Small lettering on signs
- Convoluted websites

#### Include

- Seating
- Hand rails
- Accessible bathrooms
- Visible markings on stairs or inclines
- Ample parking
- Zoom control on websites
- Staff sensitivity training

## Age-Friendly Businesses Better for All

The key to attracting older customers might start with some common-sense design features. Good lighting. Accessible aisles. Easy-to-reach shelves.

But cosmetic changes alone aren't enough to truly satisfy the senior citizen shopper.

Business owners also need to think of older customers as a benefit rather than a burden on a business.

That's the advice that Robin Granat, executive director of Five-Star Premier Residences of Teaneck, shared at a recent breakfast gathering aimed at teaching Teaneck business leaders to be more "age-friendly."

"You need to look at this as not something you're doing to be nice," Granat said. "It's something that's necessary for your business."

Five-Star Residence co-sponsored and provided food for the breakfast meeting, which is intended to be one of many educational and collaborative efforts that Age-Friendly Teaneck will

organize with the business community.

Some older people do require accommodations for declining vision, hearing and mobility.

But it's important not to treat every senior as if they are frail, impaired or difficult.

Granat gave the roughly 30 business leaders in

**Fact: Nearly 80 percent of the country's net worth is held by people over 50 – AARP**

attendance a quiz to determine if they have an age bias.

The first question was, "Do you believe your older self is inferior to your younger self?"

When heads nodded, Granat pointed out that such feelings form the basis of an age bias that can filter into the operations of a business.

"It goes deeper than you think," she said. ♦

### TEANECK from page 1

being unable to find a suitable place to downsize in Teaneck.

"I never thought I'd move out of Teaneck," Kates said. "I sort of consider myself the poster child for what I don't want to happen to others."

In addition to its many local partners, Age-Friendly Teaneck is plugged into a network of other New Jersey communities with similar initiatives, all being funded by

the Henry and Marilyn Taub Foundation or The Grotta Fund for Senior Care.

The Taub Foundation is also funding a New Jersey Future land-use study of Teaneck to assess the age-friendliness of housing, transportation, public facilities and community services.

As we strive to make Teaneck a more livable community for all ages, we welcome your input. ♦

## Transit Training Helps You Get From Here to There

Some suburbanites haven't stepped onto a public bus or train in decades.

When those car-dependent residents reach an age where driving becomes difficult, turning to public transportation seems unimaginable. A bus schedule is hieroglyphics to them.

But a program that's relatively new in Bergen County is seeking to de-mystify public transportation.

Two transit experts from the Rutgers University New Jersey Transportation Independence Program came to the Teaneck Public Library in October to teach older residents the basics of paying fares, planning routes and finding the accommodations they need.

"I had no idea buses could kneel," marveled Dr. Zita Pruitt, after the seminar attended by a dozen residents.

Pruitt, a member of Age-Friendly Teaneck's Transportation and Pedestrian Safety Task Force, was referring to the mechanical step offered on all New Jersey Transit buses, which can be lowered to accommodate anyone who can't manage a steep climb.

NJ Transit also equips buses with wheelchair lifts and plays recorded announcements for the visually impaired that can be heard both in and outside its bus and trains.

Some stations have bridge plates that can be deployed at certain train doors for a mobility-challenged passenger who can't hop over the gap between the train and platform. The two NJTIP trainers, Nieves Pimienta and Melody Bundy, gave tips on how older transit users can get such needed assistance.

NJTIP recently published a guide of senior transit and ride services in Bergen County, describing individualized ride programs and other types of special transportation services such as Access Link, a door-to-door bus service for people with medically documented disabilities.



### Our Priorities



Housing Options



Transportation & Pedestrian Safety



Communication & Community Resources



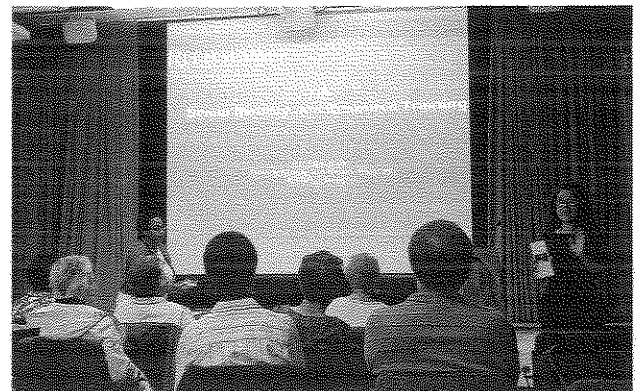
Health & Social Engagement



Business & Banking

Residents of Teaneck and other Bergen towns also can request one-on-one training sessions with NJTIP trainers, who will teach them travel skills by riding the bus or train with them until they are ready to travel independently. There is no fee, other than the transit fare itself.

For more information, NJTIP can be reached by calling 848-932-4499 or logging onto [www.njt看ip.rutgers.edu](http://www.njt看ip.rutgers.edu). ♦



Melody Bundy, left, and Nieves Pimienta, right, teach Teaneck seniors how to use public transit and other ride programs to travel where they need to go.

## Staying Safe Means Staying Fit Behind the Wheel

A seat belt tucked under an arm instead of across a shoulder. A steering wheel so low it's hard to maneuver. A side mirror positioned in a spot that leaves the driver with too big of a blind spot.

These were some of the potential hazards that Teaneck Police Officers Sara Quant and Dan Dalessio identified as they inspected the inside and outside of eight different vehicles at a safety evaluation event for older drivers known as CarFit.

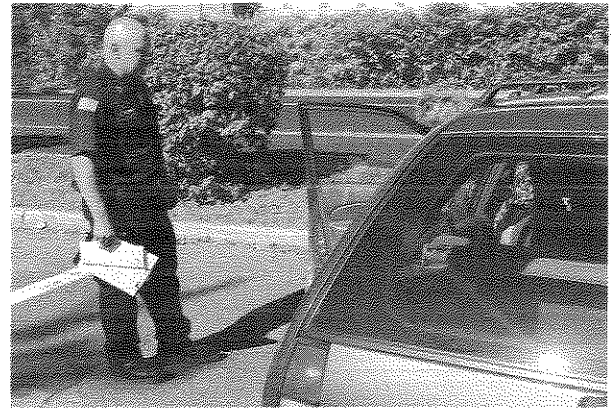
As the officers advised those drivers about the factors that might be making them feel less secure on the road, nearly 100 senior citizens were receiving health screenings and learning about services that help older residents stay safe and fit in other ways.

The Senior Health and Resource Fair, held Oct. 4 at the Richard Rodda Recreation Center, was a joint venture by Holy Name Medical Center, Teaneck Township and Age-Friendly Teaneck.

Holy Name had staff on hand to screen participants for risk of diabetes, high blood pressure, bone density loss and pulmonary problems, while a number of local service providers explained resources that older residents can tap to get help.

Age-Friendly Teaneck helped promote and organize the fair as part of its mission to connect older residents to services they need but can't find, as well as to alert them to programs that they might not even be aware they need, such as CarFit.

Quant and Dalessio are among four Teaneck police officers trained in providing the 20-minute CarFit evaluations, part of a national safety awareness program created by AAA, AARP and the American Occupational Therapy Association.



Above, Officer Dan Dalessio observes a senior getting into driver's seat as part of a CarFit inspection. Right, Senior Health Resource Fair highlights regional programs like Bergen Volunteer Center's Chore Service.



One woman arrived with three different types of pillows that she uses to prop herself up in the driver seat, wanting to know which one the officers thought was more effective. Dalessio instead introduced her to Christine Smith, an occupational therapist at Holy Name, who showed her a catalog of specially designed cushions that would offer better support than a throw pillow.

"For most people, it's just a little tweaking we have to do," Quant said.

Such adjustments can improve a driver's ability to see and react to their surroundings.

The Teaneck Police Department conducts a couple of CarFit events each year. To find out when another one is being held in New Jersey, log onto [www.car-fit.org](http://www.car-fit.org). ♦



### Tune in to Age-Friendly Teaneck News

For more information, including a comprehensive listing of resources, local events, and senior-related news, visit our website and pages.

[www.agefriendlyteaneck.org](http://www.agefriendlyteaneck.org) • [facebook.com/AFTeaneck](https://facebook.com/AFTeaneck) • [twitter.com/AFTeaneck](https://twitter.com/AFTeaneck)

# Teaneck Senior Services Center

250 Colonial Court

(201) 837-0171 ext. 7022 or (201) 837-7130 ext. 7022

## SPRING 2018 CLASS LINE UP

**Spring Session: Monday, March 5th-Thursday, May 31st**

**The Center will be CLOSED on the following Municipal Holidays:**

Friday, March 30th Good Friday & Monday, May 28th Memorial Day

**Registration for TEANECK RESIDENTS:** Begins 9:30 a.m. Wed. January 31st BY Drop Box OR Mail.

**Registration for NON-RESIDENTS:** Tues., February 27th in person only 11:00 a.m. –12:00 noon

**There are no make-up classes due to holidays, inclement weather, special events or instructor absence.**

<u>PHYSICAL FITNESS</u>	<u>INSTRUCTOR</u>	<u>TIME</u>	<u>DAYS</u>
Ballroom & Latin Dancing (L2)	Jean Martin	10:30-11:30	Tuesdays
Breathe Stretch Relax (L1)	Barry Rochester	11:00-12:00	Mondays
Cardio Workout (L3)	Patty Schwartz	9:15-10:15	Mondays
Cardio Workout (L3)	Patty Schwartz	10:45-11:45	Mondays
Cardio Workout (L3)	Patty Schwartz	9:00-10:00	Wednesdays
Folk Dancing (L2)	Jim Gold	11:00-12:30	Wednesdays
Line Dancing (L2)	Deborah Adkins	12:15-1:15	Thursdays
Lite & Gentle Exercise (L1)	Judy Sbrocco	1:00-2:00	Wednesdays
Lite & Gentle Exercise (L1)	Judy Sbrocco	10:45-11:45	Thursdays
Low-Impact Exercise (L3)	Katonya Rochester	1:30-2:30	Thursdays
Men's Fitness (L2)	YMCA Staff	12:15-1:15	Tuesdays
Men's Fitness (L2)	YMCA Staff	12:15-1:15	Thursdays
Men's Fitness (L2)	YMCA Staff	12:15-1:15	Fridays
Middle Eastern Dance (L2)	Sandi Cohen	10:30-11:30	Fridays
Osteoporosis Exercise (L1)	Judy Sbrocco	11:00-12:00	Mondays
Osteoporosis Exercise (L1)	Judy Sbrocco	11:45-12:45	Wednesdays
<b>(Must be medically documented)</b>			
Pump the Prime Exercise (L3)	Judy Sbrocco	9:30-10:30	Thursdays
Stretch Pilates (L2)	Judy Sbrocco	12:15-1:15	Tuesdays
Tai Chi Chuan Intermediate(L1)	Master Peng	12:15-1:15	Mondays
Tai Chi Chuan Beginner (L1)	Master Peng	1:15-2:00	Mondays
Tap Dancing Intermediate (L2)	Jean Martin	1:45-2:45	Wednesdays
Tap Dancing Beginner(L2)	Jean Martin	11:45-12:45	Thursdays
Toning & Strengthening (L1)	Katonya Rochester	1:30-2:30	Mondays
Toning & Strengthening (L1)	Katonya Rochester	1:30-2:30	Fridays
Walking Club (L1)	Non-Instructional	9:00-10:00	Monday thru Friday
Water Exercise (L2)	Mary Wilde	2:00-3:00 (YMCA)	Mondays
Water Exercise (L2)	Mary Wilde	2:00-3:00 (YMCA)	Wednesdays
Yoga Beginner(L1)	Martin Bland	3:15-4:15	Tuesdays
Yoga Intermediate (L2)	Martin Bland	2:00-3:00	Tuesdays
Yoga Intermediate(L2)	Martin Bland	3:00-4:00	Thursdays
Yoga Introduction (L1)	Martin Bland	12:15-1:15	Fridays
Zumba Gold (L3)	Patty Schwartz	9:15-10:15	Tuesdays
Zumba Gold (L3)	Patty Schwartz	10:45-11:45	Tuesdays

**Please Note: Participants are required to have a current Medical Release Form on file for all Physical Fitness programs/classes.**

<u>EDUCATIONAL CLASSES</u>	<u>INSTRUCTOR</u>	<u>TIME</u>	<u>DAYS</u>
Advanced Drawing	Christine Friedman	10:00 -12:00	Wednesdays
Cerebral Gymnastics	Simie Weinberger	11:15-12:15	Wednesdays 3/7,3/21, 4/18, 5/2,5/9
Clay Sculpting	Mary Martire	10:00-12:00	Tuesdays
Computer Classes: 5 week Series-- <b>you must commit to all 5 weeks: Mon., April 30th thru Wed., May 30th</b>			
Computer Level 1*	Michael Costa	10:00-10:50	Mondays
Computer Level 1*	Michael Costa	11:00-11:50	Mondays
<b>(*for those with NO prior knowledge)</b>			
Computer Level 2	Michael Costa	10:00-10:50	Wednesdays
Computer Level 2	Michael Costa	11:00-11:50	Wednesdays
Creative Card Stamping	Sandi Koterba	12:15-1:15	Thursdays 3/29,4/26,5/10
Creative Writing	Joseph Mach	1:00 - 2:00	Mondays
Discussion Group	John O'Leary	1:00-2:00	Tuesdays 3/6,3/13, 3/20, 3/27
Drama/Improvisation	Helene Marshall	10:00-11:30	Thursdays begin 3/15
Hand Building Intermediate	Bea Bloom	10:00 -12:00	Thursdays
Hand Building Beginner	Bea Bloom	1:00-3:00	Thursdays
Meditation	Linda Taylor	will resume in the Summer session	
Oil Painting Workshop: 7 week series-- Thursday, March 15th through Thursday April 26th			
New Participants only	Tina Ishihara	12:00-1:30	Thursdays
Returning	Tina Ishihara	1:45-3:15	Thursdays
Quilting	Dolores Butler	11:00 - 3:00	Tuesdays
Spanish Conversation	Non-Instructional	10:30 - 11:30	Tuesdays
Spanish Instruction Beginner	Kathy Glowski	12:00-1:00	Wednesdays
Spanish Instruction Intermediate	Kathy Glowski	1:15-2:15	Wednesdays
Advanced Water Color Painting	Christine Friedman	1:00-3:00	Wednesdays
Wood Carving	Non Instructional	9:30 -11:00	Wednesdays
Yiddish Corner	Rabbi Gerald Friedman	12:30-1:45	Mondays April 2 thru May7th

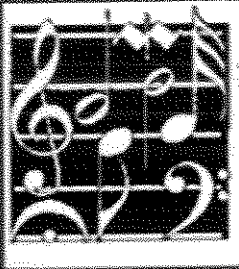
### SOCIAL RECREATIONAL

	<u>Non-Instructional</u>	<u>TIME</u>	<u>DAYS</u>
Bingo	Non-Instructional	12:30 -1:30	Tuesdays & Fridays
Knitting	Non-Instructional	9:30 -11:00	Mondays, Wednesdays, Fridays
Mah Jongg	Non-Instructional	12:30- 2:30	Wednesdays
Mah Jongg	Non-Instructional	12:00 -2:30	Fridays
Social Bridge	Non-instructional	9:00 -12:00	Mondays
Social Bridge	Non-instructional	9:00 -12:00	Wednesdays
Social Bridge	Non-Instructional	9:00 -11:30	Thursdays
Social Bridge	Non-Instructional	9:00 -12:00	Fridays
Game Room Billards, Table Tennis		9:00 - 3:00	Daily
Cable TV & Reading Materials available			(with the exception of Class usage)

### PROFESSIONAL SERVICES

Holy Name Hospital Nurse on-site Monday thru Friday 10:00 a.m. - 2:00 p.m.  
 Blood Pressure Screenings and Health Consultations available by appointment.  
 Kathleen Powers, R.N.

**PLEASE NOTE:** In the event of poor weather conditions please call the Recreation Department to check for delays or cancellations 201-837-0171/201-837-7130.



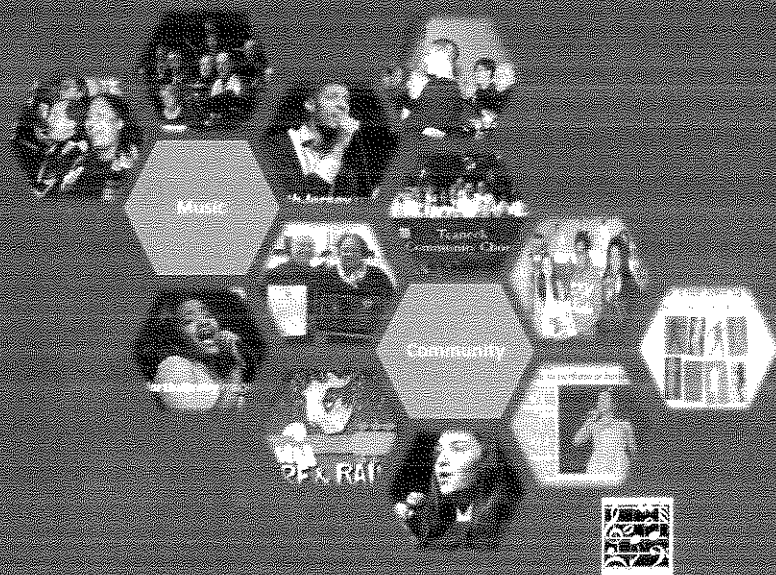
# TEANECK COMMUNITY CHORUS



[www.teaneckcommunitychorus.org](http://www.teaneckcommunitychorus.org)



# Teaneck Community Chorus:



We believe in "...music that unites people in good causes, ignites fun and thoughtfulness, and helps singers and hearers feel involved in society."

## Mission

In 1998 a small group of Teaneck residents shared a common interest in how to improve communication between various elements of this diverse town through music. After several months of discussing racial and cultural attitudes and assumptions, the group founded the Teaneck Community Chorus.



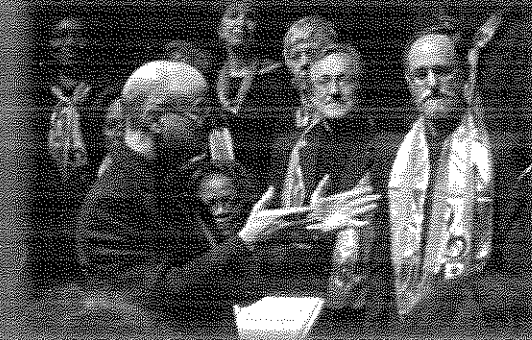
The Teaneck Community Chorus reflects the diverse population of Teaneck. Our aim is to be attractive and enjoyable for those participating, and to bring the

community together in celebration of diversity. We approach songs from different cultures by looking at the deep feelings behind the songs, recognizing that each one's own culture is not the best culture, but one of many that all have value. We are interested in a repertoire of compassionate music. Music that unites people in good causes, ignites fun and thoughtfulness and helps singers and hearers feel involved in society.

# Music

The chorus debut was in November 1999 at a community Thanksgiving service. The first full concert held on Teaneck's First Night celebration was titled "Share the Light, Ignite the Spirit" and included songs from American, Yiddish, Spanish and Jamaican traditions. Since that first season, we have continued to sing songs celebrating the human spirit and highlighting the joys and struggles of various communities around the world. Our

repertoire includes songs rooted in many cultures such as Russian, Chinese, Moravian, Armenian, Irish, Japanese, German, South African and even aboriginal Taiwanese. We also sing Broadway, jazz and pop songs, songs popularized through the Harlem Renaissance and Klezmer Jazz traditions and songs from the US Civil Rights Movement and the Latin American Nueva Cancion protest movements.



Artistic Director Steven Bell leads the chorus, as he has since the year 2000, which currently features about 40 voices. Each season offers the chorus additional

opportunities to continue to pursue its ideal of giving everyone a place at the table and to continue to be an important element in the diverse culture of Teaneck.



## Community

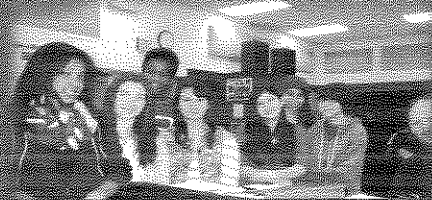
We believe in being active participants in our community. Each year we produce two concerts reflecting our mission and the interests of the community. We believe in making a significant investment in the talented youth in Teaneck by producing the Teaneck Teen Idol competition.



Teaneck Teen Idol '14 Contest  
You can't win it, if you're not in it!

We not only provide an avenue for singers to express themselves, but we also provide to students vocal coaching, performance tips and an opportunity to learn from seasoned musicians.

The competition is open to students from seventh through twelfth grades who are residents or students in Teaneck. We have succeeded in bringing together students from a variety of schools and backgrounds who might never have met outside of this contest.

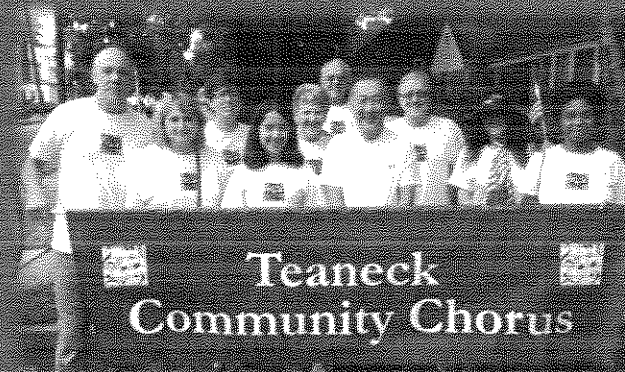


Other performances around town include the annual MLK Recognition Ceremony in Bergen County, the annual Juneteenth Celebration at Overpeck Park and Teaneck's Memorial Day festivities on Cedar Lane.



In 2013, we were honored to receive Teaneck's highest service recognition, The Mathew Feldman Award. The chorus is a proud sponsor of the Teaneck International Film Festival and the MLK Monument.

For a bit of fun, you can cheer us on each year as we march through town in the annual Fourth of July Parade or you can sing a variety of popular songs at our annual summer sing-along.



## Collaboration

Teaneck Community Chorus is committed to partnering with various groups throughout the town. We are a member of the Chamber of Commerce, work with the Rotary Club and support many town activities. We welcome new partnerships. Show us you support our mission by going to our website and becoming a patron or corporate partner. Join us as we crown a new Teen Idol each January, and of course, come to our concerts! We love this community and are enthusiastic in our efforts to help our town become one united Teaneck.

### Contact Us

Artistic Director

Steven Bell

(201) 913-4898

Producer

Gail Smith

(201) 615-7587

Publicity & External Events

Jeff Merrigan

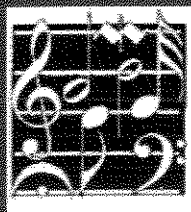
(917) 559-3112

*[teaneckcommunitychorus@gmail.com](mailto:teaneckcommunitychorus@gmail.com)*

*[www.teaneckcommunitychorus.org](http://www.teaneckcommunitychorus.org)*

*[twitter.com/Teaneckchorus](https://twitter.com/Teaneckchorus)*

*[Facebook.com/Teaneckcommunitychorus](https://www.facebook.com/Teaneckcommunitychorus)*



Teaneck Community Chorus  
P.O. Box 3188  
Teaneck, NJ 07666



## THE TEANECK SENIOR SERVICES CENTER

# NOTICE TO PARTICIPANTS

## Registration & Class Attendance Procedures

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### REGISTRATION

Forms will only be available for pick-up in the Rodda Center at the Senior Center and outside the Recreation Office beginning Wednesday, January 24th for the 2018 Spring Session.

### TO REGISTER FOR CLASSES:

- Complete enclosed registration form and submit with a current proof of residency and a current medical release form (if requesting exercise classes). Medical release not required if submitted within the last 12 months.
- **Either Mail registration information postmarked on or after Wednesday, January 31st OR drop off in the Registration Drop Boxes in the Rodda Center beginning Wednesday, January 31st at 9:30 a.m.**
- Only ONE family application(s) per envelope. Applications for friends/other households must be submitted in separate envelopes.
- Each participant must submit an acceptable proof of residency with registration forms.
- Acceptable Proof of Residency includes:
  - a valid copy of a driver's license/ registration,
  - current utility bill,
  - tax bill, or
  - lease agreement

All documents that are provided as proof will be shredded.

**Non Residents:** May register in person beginning Tuesday, February 27th between the hours of 11:00 a.m. - 12:00 noon if openings in classes remain. **There is a nominal fee for all Physical Fitness and Educational Classes.**

Please see other side for **CLASS ATTENDANCE POLICY**

## CLASS ATTENDANCE POLICY

All participants must receive confirmation that they are enrolled in a class **prior** to attending.

Participants who are late 15 minutes or more may not enter an exercise class in session.

Participants must attend one of the 1st two (2) classes of each session or be removed from the class (only excused absences will be permitted; please notify the Center in advance if you are unable to attend either class).

**Participants must attend the required amount of classes per session in order to remain enrolled in class. This policy has been put in place due to high demand of programs.**

**Winter & Summer Sessions:** must attend at least 5 out of 7/8 classes

**Fall & Spring Sessions:** must attend at least 9 out of the 13/14 classes

Please notify the Center in advance if you are unable to attend any of the scheduled classes. Only advanced notice of your absence will be recognized.

**Please notify all upcoming absences to:**

The Senior Center by calling:  
(201) 837-7130 ext. 7022  
(201) 837-0171 ext. 7022  
voicemail is available 24 hours a day

**NO UNAUTHORIZED PARTICIPATION WILL BE PERMITTED**

*It is hoped that these guidelines and procedures will better serve those participants that are truly interested in attending our programs.*

# Teaneck Southern Little League



## REGISTER NOW for Spring 2018 Baseball and Softball Season

Teaneck Southern has been serving the community since 1952 – we offer several levels of play:

### BASEBALL

- Ⓞ 4 YEAR OLD CLINIC for 4 year old boys and girls
- Ⓞ TEE BALL for 5 and 6 year old boys and girls
- Ⓞ ROOKIE LEAGUE for 7 and 8 year old boys and girls
- Ⓞ MINOR LEAGUE for boys and girls age 9 through 12 years old
- Ⓞ MAJOR LEAGUE, our most competitive level, for players 10 through 12 years old
- Ⓞ JUNIOR LEAGUE for 13 to 14 year old players
- Ⓞ SENIOR LEAGUE for 15 to 16 year old players

### GIRLS' SOFTBALL

- Ⓞ ROOKIE LEAGUE for 7 to 8 year old girls
- Ⓞ MINOR LEAGUE for 9 to 10 year old girls
- Ⓞ MAJOR LEAGUE for 11 to 12 year old girls
- Ⓞ JUNIOR LEAGUE for 13 to 14 year old girls

REGISTER ONLINE anytime at our  
league website

<http://tsbsl.leagueapps.com/>

Please share this information with friends interested in joining any of our baseball or softball programs—or email us at [teanecksouthern@gmail.com](mailto:teanecksouthern@gmail.com) for more information

Thank you for your support!



Upcoming FREE Clinics  
in Thomas Jefferson  
Middle School gym:

### BASEBALL Clinics

**\*\*Friday January 12 and 26,  
February 9 and 23\*\***

7 to 9 year olds

from 6:30-8pm

10 to 12 year olds

from 8-9:30pm

### SOFTBALL Clinics

**Girls ONLY**

**\*\*Friday January 5 and 19,  
February 2 and 16\*\***

7 to 10 year olds

from 6:30-8pm

11 to 14 year olds

from 8-9:30pm

FREE T-Ball Clinics at  
Lowell School gym:

Open to 5 and 6 year olds

**\*Thursday January 18 and 25,  
February 1, 8, 15 and 22\*\***

from 6:30-7:30pm

No prior experience  
necessary. Players should  
bring a baseball glove, wear  
comfortable clothing and  
sneakers

Registration available  
at all events

# The Puffin Cultural Forum

20 Puffin Way, Teaneck, NJ • 201-836-3499

[PuffinCulturalForum.org](http://PuffinCulturalForum.org)

The Puffin Cultural Forum, a project of The Puffin Foundation, Ltd., is a non-profit gallery and performance space in Teaneck. Our work takes place at the intersection of the arts and the struggle for human rights as we seek to realize in our local community the Foundation's governing motto: "...continuing the dialogue between art and the lives of ordinary people." We deeply believe in the crucial role that the arts play in shaping our consciousness, and the role of artists as agents of social change. We serve as a community outreach for The Puffin Foundation, Ltd. by offering a program of thoughtful, socially-relevant, and provocative arts programming to the surrounding communities of our diverse area in the form of art exhibitions, music, dance, theater, author interviews, workshops, film series, lectures, and dialogues. We have events almost every weekend from September to July. Come see an event or visit during gallery hours Tuesday-Thursday 12-4pm.

[Facebook.com/PuffinCulturalForum](https://www.facebook.com/PuffinCulturalForum) 

[@PuffinCulturalForum](https://www.instagram.com/PuffinCulturalForum) 

[@PuffinForum](https://www.twitter.com/PuffinForum) 

